



## Tips for Adjusting to Student Life

By: Kathryn Manuel  
Copy Editor

Being fresh out of high school and then thrown into a diverse adult world is a massive feat for many, including myself. As informative as college forum courses are, there's still that student touch that isn't preserved.

Here are some things I wish I knew when I started at Hudson Valley Community College.

### RateMyProfessors.com

This is the ideal way to set up your schedule as each section of a course will have different methods of teaching, as well as just different personalities. The reviews are reliable as they're written by actual students who took the courses with the professor you search.

You'll find some teachers are more lenient about late work and shifting schedules, but others are better with hammering knowledge into your brain by brute force. (That just means booking after-hours for extra practice, by the way.)

### Don't Schedule Back-to-Back Courses

Believe it or not, most professors don't end their classes on time. Some are extremely strict about you leaving before feeding you the information they want to get through during that hour, so you'll want to save yourself a panicked sprint across campus. Especially if you'll have to deal with it weekly, or even daily for the next half-year.

### Slugbooks.com

In the event your class actually requires textbooks, this site is reliable as it compares all prices across the internet to get you the best deal. It nearly goes without saying that college kids struggle with finances,



COURTESY OF TROY RECORD

so it's definitely ideal to cheap out on textbooks. Keep in mind most classes don't even require textbooks despite what the syllabus says. Do not purchase any books until after the first week, it'll save you so much money.

Another great resource is the library as they have every textbook available to borrow while you're in the building. While their hours are reduced since the pandemic, it's still the best cost-free way to get what you need without breaking bank.

### Setting Phone Alarms

I completely managed my time using my iPhone's clock app. As annoying as the chimes may be, forcing yourself to face your deadlines is the best way to battle procrastination.

The sounds you use for alarms are completely customizable, as well. Sometimes you won't even need a chime, so it'll just vibrate when you need it to. Another good trick is to set your alarm five minutes from when your next class begins, so you have time to walk across campus.

### How to Avoid Traffic

I aim to arrive at least 30 minutes before my classes started. It might seem excessive, but once it becomes icy you should try to change your target time to an hour before classes. It's perfectly reasonable to want to wake up later, especially since we're likely all cramming and pulling all-nighters. Self discipline is one of the hardest things to maintain while in college.

Hopefully this gave some of you insight on how you can improve your experience on our campus.

## Professor Daniel O'Connor's Letter on HVCC's "No Confidence Review" of President Roger Ramsammy

### To the Editor:

I suspect that this college's students do not find evoked within themselves the most pleasant emotions when they learn, upon excitedly returning to school to begin a new year of studies, that the Faculty Association (FA) Leadership has just taken legal action against the college and has initiated a "no confidence" resolution against President Ramsammy merely because he chose to do the right thing by allowing unvaccinated students on campus. Or when they find out that these very faculty leaders—who are themselves under no vaccine mandate—have nevertheless hypocritically demanded that their students be subject to such restrictions. Or when they discover that these faculty members have insisted upon policies that discriminate against their own unvaccinated students, in contradiction to the nation's leading scientific and health authorities, including the CDC, which no longer differentiate between the vaccinated and unvaccinated in their official policies.

Indeed, students have every right to expect—to demand—that their professors exhibit wisdom and justice, and acknowledge that this institution primarily exists not to employ faculty, and certainly not to cater to the unscientific and fear-driven demands of a few of them. No, this college exists for the sake of serving its students.

Undoubtedly, serving our students is best accomplished without exposing them to unethical and patently unnecessary mandates.

Thankfully, students tempted to abandon hope in their professors can rest easy—the FA Leadership does not speak for the Faculty at large. Over the course of weeks of the FA Leadership plotting out their course of action on this matter, they made no effort whatsoever to poll the FA members or to seek our approval before unilaterally filing a grievance against HVCC, initiating a "no confidence" resolution against our college's President, and giving the local media statements (misleadingly, in the name of "the faculty") condemning our college's leadership.

Because of this dereliction of duty from the FA Leadership, I have resigned from the organization after almost 6 years as a dues-paying member. I must make it clear that they do not speak for me. When I resigned, I received an outpouring of support from other professors—thanking me and voicing agreement with me and opposition to the Leadership's actions. Indeed, far more professors expressed agreement with me than disagreement.

While it may be deeply discouraging to hear that the "FA Executive Board voted unanimously" to engage in this tragic crusade against Dr. Ramsammy's wise policy decision, some

perspective can be attained by realizing that this board includes only a small handful of individuals, compared to the hundreds of faculty who are members of the FA and who were not so much as consulted. I believe that the vast majority of your professors, dear students, support you—they support you whether you are vaccinated or unvaccinated, and they support this college and its leadership. Do not let a vocal few of them convince you otherwise.

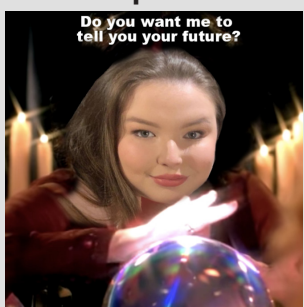
The FA Leadership has spilled much ink about the supposed dire importance of rigid, dogmatic obedience to this particular archaic detail of SUNY system-wide policy that insists upon discriminating against unvaccinated student. No reason is given to justify this pseudo categorical imperative other than "Well, SUNY said so!" nor have I ever before witnessed this

type of zeal exhibited by the FA Leadership. I suppose that if, tomorrow, SUNY says that 2 and 2 make 5, we must likewise submissively acquiesce?

Vaccine mandates everywhere—across the state, the country, and the world—are being rescinded. Our own nation's health authorities are telling us not to differentiate between the vaccinated and unvaccinated. Millions of dollars are now be-

## LIFESTYLE

Find out what the future has in store for you in this edition of the **Katiescope**, the Hudsonian's horoscope column.



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Letter  
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This Week's Events

<b>Mon</b> <b>29</b>	<b>Welcome Week</b> 8:00 a.m. - 1:00 p.m. <b>Student Senate Meeting</b> 2:00 p.m.
<b>Tue</b> <b>30</b>	<b>Welcome Week</b> 8:00 a.m. - 1:00 p.m. <b>Global Partnerships Webinar</b> 2:00 p.m. - 3:00 p.m. <b>Student Discounted Movie Tickets</b> 10:00 a.m. - 5:00 p.m.
<b>Wed</b> <b>31</b>	<b>Welcome Week</b> 8:00 a.m. - 1:00 p.m. <b>COVID-19 Booster and Vaccine Clinic</b> 1:00 p.m. - 6:00 p.m.
<b>Thu</b> <b>1</b>	<b>Grand Canyon University Transfer Info</b> 9:00 a.m. - 11:00 a.m. <b>Gathering on the Grounds Social</b> 12:00 p.m.
<b>Fri</b> <b>2</b>	None



## Greetings from your Editor

**By: Ksenia Mahmud**  
Editor in Chief

Hello everyone, I'm very excited to be your editor in chief again for this semester. For those who do not know me, I am the elected club president for our student-run news publication.

Some of you from the past Spring semester may remember the editor in chief by a different first name, but the same surname. Don't fret, we're the same person, I'm just blonde now so I need a new identity.

The Hudsonian is the student body's voice, as published content is completely researched, written and curated by students.

Beyond just giving a voice to students, we're responsible for reporting news regarding our campus and student livelihoods in a fair way so as not to discount anyone's perspective.

An excellent way to pad your resume among many other things is to join The Hudsonian, as real writing, communication and leadership skills are put to work within the club's operations.

We are HVCC's only club that offers tuition reimbursement, or in other words you get paid for your work. All sorts of skill-

sets are necessary for each position. For example, if you're a huge soccer fan it'd be ideal to do work in the sports section. Other paid positions include newspaper layout, web design, podcast recording, curating photos and basic proofreading.

As The Hudsonian has mainly been an autonomous and weekly-publishing paper, things became shaky as our previous advisor of 16 years moved on from us. Access from our club space to work was completely limited and even closed off for a time, and we were barred from competing in the College Media Association conferences. While COVID-19 had a hand in our general inactivity, other forces have held us back from our normal schedule.

The Hudsonian is keeping high hopes for the Fall 2022 semester and what the time brings to both HVCC students and the paper.

We hold our meetings every Monday at 2:00 p.m. in ADM 105, and hope to see you soon. Any questions should be directed to myself or our advisors, George Nagy and John Staerker.

**Our e-mails are as listed:**  
s-mahmud1@hvcc.edu  
g.nagy@hvcc.edu  
j.staerker@hvcc.edu



*Ksenia Mahmud, the Hudsonian Editor in Chief*

## Letter

## FROM PAGE 1

ing doled out in lawsuits won by those who had been denied opportunities due to vaccine mandates. And the HVCC FA Leadership chooses now to advocate for a vaccine mandate... "because SUNY says"?

I encourage you to vocally and publicly stand with our President, Dr. Ramsammy, and the rest of the college's Leadership—especially our VP for Student Affairs, Louis Coplin. Mr. Coplin's reasoning for HVCC's

policy was excellent and was patiently given to those media figures who requested it. Unfortunately, however—and no doubt in part due to the statements of the FA Leadership—local media is now waging a battle against Dr. Ramsammy and HVCC. They need our support now more than ever.

**Daniel O'Connor is an adjunct professor of Philosophy at HVCC.**



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## BREAKING NEWS!

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**Editorial Policy**  
All views expressed in this paper are those of the author, and not necessarily those of the *The Hudsonian* or the College.

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**Letters to the Editor**  
Letters can be delivered to CTR 291 or emailed to hudsonian@hvcc.edu. Readers may have their letters published anonymously as long as their identity can be verified. Letters will be edited for grammar, style, libel and length.

*The Hudsonian* is the exclusive student newspaper of Hudson Valley Community College. It is published every week. To join *The Hudsonian*, attend our weekly meeting on Mondays at 2 p.m. in ADM 105 or by Zoom. Check out our webpage at [thehudsonian.org](http://thehudsonian.org) for information

## Word Search: Welcome Back to HVCC

M L F M J C S G N I K I V V S S C L U B S V  
 A E B W E L C O M E B A C K Z T O P V X S V  
 T S C I M E D A C A G G X V U I X S H O P K  
 H H G W I W V C A M P U S P B D V H O X O I  
 E J L P N M Q Z R E T A E H T E F A L L R K  
 M R R J A D V N G P H P E U J R L Q J E T F  
 A B C J K F I N A L S J N D I C M V F O S L  
 T V I L E G E L L O C Y T I N U M M O C N H  
 I L Y C X M I D T E R M S Y A M O A P G E N  
 C T I R E P A P S W E N L O O H C S L F L B  
 S T F D Y E N Y D Z M K W J P K P S V I U S  
 F R E S H S T A R T G M J L Y Y E B R N U P  
 F R W S N O J Z C I T R A T S W E N Z A Y A  
 E H R Q A I F Z X N T R O Y W J N N M N R N  
 E N G L I S H C O M P O S I T I O N C C O I  
 V M Z I N S S V O N I E F H A H L G O I T S  
 Y F F T O E I Z U R M C N E D N H L U A S H  
 S E M E S T E R B S B N K V E D Y N R L I R  
 G A C S D C O U X V K E N O L R C P S A H U  
 U N A F U H F A E H G I A R L C G V E I I N  
 J L F Z H I R O J A M C X D V M U E S D O O  
 C P M A V O I W P Z D S G H Q M J A D T X L



By: **Ksenia Mahmud**  
 Editor in Chief

## Retail Hell

For two years, I put up with retail hell.  
 I'm now free, but I still sometimes dwell.  
 Was it worth quitting without a notice of two weeks?  
 I'm having to seek out new saving techniques.

I once worked three jobs at the same time;  
 the paper, a gas station, and the same retail job.  
 I struggled as a student, but my savings had a chance to climb.  
 Balancing it all constantly made my head throb.

I was able to escape it all into a more relaxing clerk position,  
 but I don't get nearly enough hours to cover my tuition.  
 I'm actively seeking out other part-time opportunities,  
 but it's tough to find workplaces with accepting communities.

My manager's personal problems constantly become shared;  
 even before I had a chance to apply, I wasn't spared.  
 I was gossiped to about employees I hadn't even met,  
 so the tone about what environment this was going to be was set.

I barely have a grasp of what I'm doing with my life,  
 I just know I one day want to become a loving wife.  
 I've probably switched majors like three times at this point,  
 One thing about me is I never fail to disappoint.

On a positive note, community college gives us many chances.  
 To find your ideal career path, sometimes you sacrifice finances.  
 A part of growing up is seeing what works.  
 At least from here, it really won't get much worse.

- |                     |               |                  |
|---------------------|---------------|------------------|
| Academics           | Finals        | New Start        |
| Campus              | Financial Aid | School Newspaper |
| Classes             | Fresh Start   | Science          |
| Clubs               | GPA           | Semester         |
| Community College   | History       | Spanish          |
| Courses             | Hudsonian     | Sports           |
| Credits             | HVCC          | Theater          |
| Degree              | Major         | Troy             |
| English Composition | Mathematics   | Viking           |
| Fall                | Midterms      | Welcome Back     |

**If you would like your art work, poems or short stories published, Submit them to [HUDSONIAN@HVCC.EDU](mailto:HUDSONIAN@HVCC.EDU). We plan to publish one or more an issue.**

**Join the Hudsonian!**

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<b>Journalism</b>	<b>Editing/Correcting</b>	<b>Advertising</b>

*No previous experience required.*





# Editors need Help Too!

# HUD LIBS

# KATIE SCOPES

By: Kathryn Manuel  
Copy Editor

By: Ksenia Mahmud  
Editor in Chief

Participation's currently down in our club, The \_\_\_\_\_ Newspaper. It's the weekend before the semester starts, and I'm putting this together at \_\_\_\_\_ a.m./p.m. (circle one). I'm thankful for \_\_\_\_\_, the other editor helping me put together this last minute "Welcome Back" edition to have something ready for our meeting. My energy is so lacking, I've ingested at least four liters of \_\_\_\_\_ to keep myself going. My only motivation is that I don't want to disappoint the rest of the staff, especially not \_\_\_\_\_.

## Kool-Aid Pickles!



By: Kathryn Manuel  
Copy Editor

### Ingredients:

- 1 46 oz jar of whole dill pickles
- 1 cup of sugar
- 2 cups of water
- 2 1 oz packets of kool-aid unsweetened cherry drink mix

1.) Drain and discard the juice from the pickle jar. Remove the pickles from the jar and cut each one in half lengthwise. Return the pickles to the jar and set them aside.

2.) In a large measuring cup, combine the sugar, water, and Kool-Aid. Mix until the sugar has completely dissolved. Pour enough of the liquid into the pickle jar to cover the pickles. Discard any excess.

3.) Cover the jar and refrigerate for at least 24 hours.

Recipe courtesy of <https://www.food.com/recipe/kool-aid-pickles-240106>



### Scorpio

Expect to be disappointed this week as a friend that promised to help you proves unreliable, as they're a no-show or at least very late. You know this person well & have noticed they constantly overestimate themselves. Remember to consider your boundaries before having a chat.



### Sagittarius

You're going to be overwhelmed with homework this week, all courses will pile on you at once. Your creative side may spark a bit as you explore new ways to express yourself. Maybe you'll turn some trash into treasure this week, or turn an ordinary job into something exciting.



### Capricorn

How responsible do you feel like you are? Your resolve will be tested as you must adjust to new schedules whether it be from juggling a job, school, children... It'll be challenging to save money if your usual techniques include crypto or stock investing.



### Aquarius

You'll likely face what good a long-term connection can bring you. While you might hate dating, or being uncomfortable about commitment, meeting new people can be a beneficial change.



### Pisces

You're trying to make a change, but other forces are keeping you from it. You might feel like the universe is against you, but they're just obstacles and tests for you. Keep with that exercise routine, or managing your time the way you need.



### Aries

You're going to have to choose between doing the right thing and doing what you want. Weighing your choices is not an easy task by any means, so find out what's more important to you. Any errors may be costly.



### Taurus

You need to find deeper meaning in your activities this week. You may find you're focusing on your career rather than spending time with those you love. You don't want to neglect any aspect of your life, so you'll have to find balance.



### Gemini

Don't hold back from breaking rules or not being polite this week. Your voice needs to be heard, but what you have to say may shock the room. Your limitations have kept you from living your truth.



### Cancer

Whatever you do, DO NOT online shop. I know those sales are tempting, but I promise you have enough stuff. You may regret wasting money on things you don't need in the long run. Gas is expensive enough these days.



### Leo

Someone may be standing in your way this week. You have to work around it despite your stubbornness. Adjusting will be hard, but there's always a better way to go about getting what you want. Maybe you're being suggested a life change.



### Virgo

If you felt like you were off the hook about something, you're not. Someone in authority will make clear you've responsibilities to tend to. It's not an option to try and escape anymore. Just gather your facts before you move forward.



### Libra

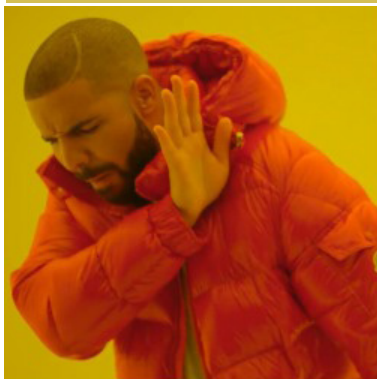
You might not be happy about where you stand in a friend group, your workplace, or even in your family. Consider maybe finding a new group, or find out what changes you'll need to make in your personal life to mend things.



If you would like your art work, poems or short stories published, Submit them to [HUDSONIAN@HVCC.EDU](mailto:HUDSONIAN@HVCC.EDU). We plan to publish one or more an issue.



### Hudsonian Memes, curated by Kathryn Manuel

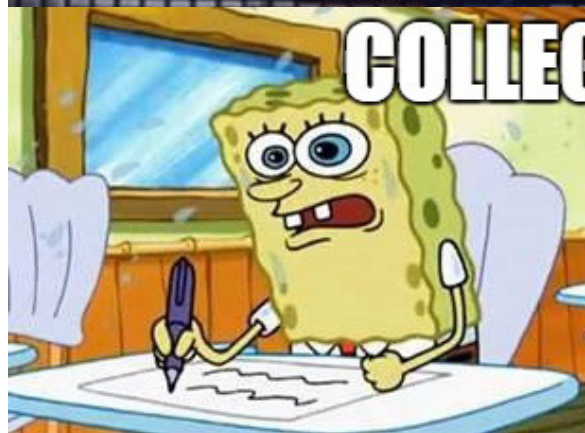


Harvard University



Squidward Community College

Me, internally screaming as I check blackboard for the 23rd time today to see if my prof finally put in grades but she hasn't

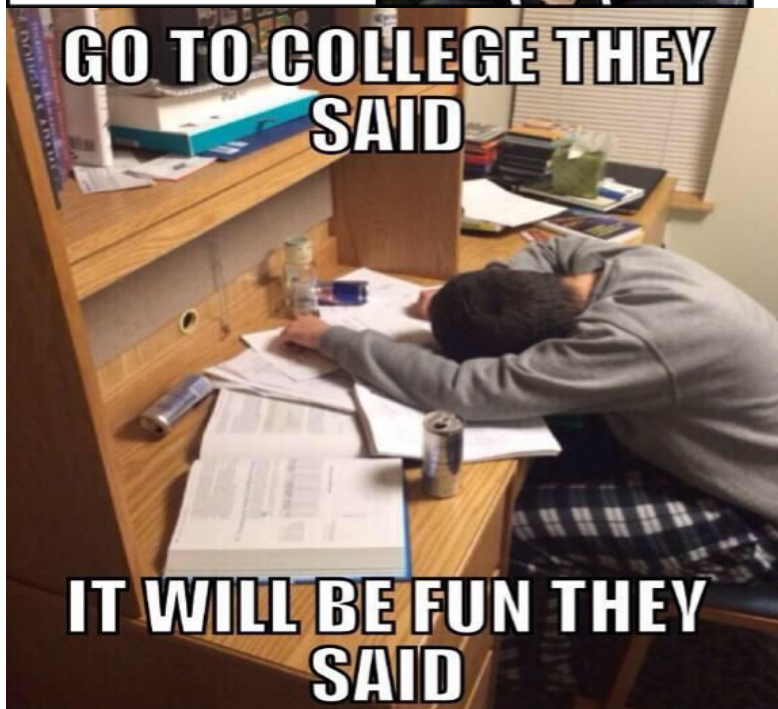


High school students: "Wow it's so cold. School better get canceled."

College students:



Me at thanksgiving while my family is bombarding me with questions about college/my future







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**AARON HEBERT**  
**ESPORTS HEAD COACH**





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**UPCOMING HOME GAMES**

Aug <b>30</b>	<b>Women's Volleyball 7:00 p.m.</b> SUNY Cobleskill	
Aug <b>31</b>	<b>Men's Soccer 4:00 p.m.</b> Clinton Community College	
Sep <b>1</b>	<b>Women's Tennis 5:00 p.m.</b> Sage College	
Sep <b>3</b>	<b>Men's Soccer 12:00 p.m.</b> Ulster County Community College <b>Women's Soccer 2:00 p.m.</b> Ulster County Community College	



W	Football	Aug 27
	10-6 vs Thaddeus Stevens College of Technology	
S	Softball	May 18
	9-4 vs Herkimer College	
W	Softball	May 15
	13-9 vs Mohawk Valley Community College	
S	Baseball	May 15
	5-2 vs Niagara County Community College	
S	Baseball	May 14
	4-0 vs Niagara County Community College	
W	Softball	May 14
	4-2 vs Mohawk Valley Community College	
S	Softball	May 14
	12-4 vs Mohawk Valley Community College	
W	Softball	May 10
	5-3 vs Mohawk Valley Community College	
W	Softball	May 10
	11-8 vs Mohawk Valley Community College	
W	Softball	May 8
	9-1 vs Onondaga Community College	
W	Softball	May 8
	8-3 vs Onondaga Community College	
S	Baseball	Mar 17
	4-1 vs SUNY Adirondack	
S	Baseball	May 7
	14-3 vs SUNY Adirondack	
S	Women's Track & Field	May 7
	2nd - 191 @ Herkimer, NY	
S	Women's Track & Field	May 7
	2nd - 129 @ Herkimer, NY	