



HVCC Faculty Fears that Administration Cares More About Admission Rates than Quality of Education



PHOTO BY JIM PARMELEE

President Ramsammy at Open Forum, October 4, 2022 BTC Meeting Rooms

By: Daimon Brown
News Editor

Back in August, the Executive Board of the Hudson Valley Community College Faculty Association, Inc. voted unanimously to begin consideration of a resolution of “no confidence” in HVCC President Roger Ramsammy. This followed his decision to ignore official SUNY policy on Covid-19 vaccinations for students and his failure and subsequent refusal to discuss the matter with the Faculty Association, which sparked numerous concerns from members.

The Board had also noted a number of other concerns that faculty had brought up about the President’s leadership and management style. A survey was issued to the faculty asking about their confidence in President Ramsammy and allowed for comments about such. Around 9 in 10 respondents disapproved of his leadership. Multiple pages of comments

**Continued
Ramsammy
Page 3**

It’s a Bad Year to be a Kanye West Fan



COURTESY OF LATIMES.COM

By: Dominic Cacchione
Creative Editor

Kanye West, also known as Ye, is a widely favored musical artist. However, I am somewhat ashamed to label myself as a Kanye fan. If you’ve been on the internet lately, chances are you have a good idea on why. It’s no secret that West has a long history of controversies from his open support of Donald Trump to the infamous interruption of Taylor Swift at the VMA Awards. This most recent incident may

be his lowest point yet. Between sporting a shirt reading “White Lives Matter,” associating with right wing reactionary grifters Tucker Carlson and Candace Owens and declaring “war” on “JEWISH PEOPLE” via Twitter, it’s been a rollercoaster for fans to see the depths to which this accomplished musician has fallen.

This year’s string of Kanye controversies, dubbed Kan-troversies, began in February. In a particularly gross sequence of actions, he went viral on Instagram for harassing SNL come-

dian Pete Davidson, who was dating Ye’s now-separated wife Kim Kardashian at the time. Through a series of posts that have since been deleted, West brought lots of unwanted attention to his family, accusing Davidson of being a “pawn” sent to antagonize him, as to pressure him into doing something so drastic that he’d be separated from his kids forever. This is a recurring theme in many

**Continued
Kanye West
Page 6**

Soccer Teams Fall Short in Season Closing Game



PHOTO BY MYA AUNG

Ashley Graff (17) at Soccer Season Finale, October 19, 2022 HVCC Outdoor Athletic Complex

By: Ksenia Mahmud
Editor in Chief

Hudson Valley Community College’s men’s and women’s soccer teams had its season closer game on Wednesday, October 19 at HVCC’s Outdoor Athletic Complex. Both teams were defeated by Onondaga that afternoon.

The doubleheader was started by the women’s teams and HVCC’s Vikings fell behind early against Onondaga’s Lazars. The Vikings lost the first three of the game’s goals but were able to put pressure on the oppos-

ing defense after. Melissa Cole (9) had sent a medium-to-long range pass towards the center of the field and Marilyn Decker (7) ultimately scored.

The Onondaga women’s soccer team won the game 4-1 and the Vikings were able to finish the regular season with a 5-8-1 record.

The Vikings earned the No. 9 seed in the 2022 National Junior College Athletic Association (NJCAA) Region 3 Tournament.

**Continued
Soccer
Page 2**

HVCC "Game Room" Reopens & Provides Smart TV Screens for Student Leisure

By: Ksenia Mahmud
Editor in Chief



PHOTO BY JIM PARMELEE

Game Players, October 4, 2022 Game Room at Siek Campus Center

counts."

With freedom comes responsibility, and so unfortunately it's only natural that people abuse their privileges.

Romano continues, "Some group was playing Call of Duty and an inappropriate gamer tag had popped up, meaning someone tried to connect to the TV with a racial slur as their display name.

The TV remotes were temporarily restricted after this incident was reported to HVCC Public Safety, and we're also not allowed to play M-rated games anymore like Call of Duty.

I think that the school's giving

us a great privilege to be able to use this space for gaming with their TV screens, and people should be respectful to others.

There's also been issues about people not cleaning up for themselves, leaving food and garbage around for others to pick up.

I definitely think the game room is a safe space save for the occasional trolls or personal drama being brought to the group. I'm happy it was brought back."

Hudson Valley Community College's e-sports teams play a number of games including Call of Duty Warzone 1 and 2, Rocket League, Cold War, Fortnite, Valorant, Rainbow Six Siege and more. The teams apparently play from home and plan to have their own space in Fall 2023.

Caleb Tollisen, a digital media major, says, "It's hypocritical for HVCC to allow M-rated games in their official e-sports but we're suddenly not allowed to play Black Ops 2 to campus.

It used to be that we all in the E-Sports & Gaming Club would bring in our own monitors and set them up around a table for tournaments and things. That way we had complete control over who was using what

device, and if people wanted to troll it'd be a lot more contained than a big message in the middle of the screen saying someone with an inappropriate name is trying to connect to the TV."

Tollisen typically hosts the events and games that people in the game room participate in, including "Mafia."

His upcoming Smash Ultimate Tournament will be on October 27 at 12:30 pm and includes a \$100 prize with a \$5 bracket entry fee, waived if you bring your own setup. It's encouraged that participants bring their own controllers. This event is independent from any official HVCC club or e-sports.

Contact **PrimeFighter#8762** via Discord for more information.



The Covid-19 pandemic took a certain toll on social interaction, and it's no different within the gaming community despite still being able to connect online.

In the past, Hudson Valley Community College had an E-Sports & Gaming Club that utilized the Game Room space for its meetings, events and as a general hangout spot.

Located on the ground floor in the Siek Campus Center at HVCC, the Game Room now has computers set up for student accounts as well as wide screen TVs on opposite sides of the room.

Students connect their devices to the TV to stream and share games with others. Typical games that they offer are Super Smash Bros., Jackbox Party Pack and Mario Kart.

While an official gaming club isn't being established, the friend group that consistently uses the Game Room likes to host a number of things each Tuesday.

Kaylee Romano, a nursing major in her first semester, says, "I feel like the game room really unifies students. We don't have a club with an advisor or anything, but we do use Discord to organize ourselves and plan events.

Some things I love about the game room TV screens is that they allow us to connect our computers, gaming devices and even lets us mirror our phone screens. They also have basic apps like YouTube and Netflix, but they require students to log in with their personal ac-

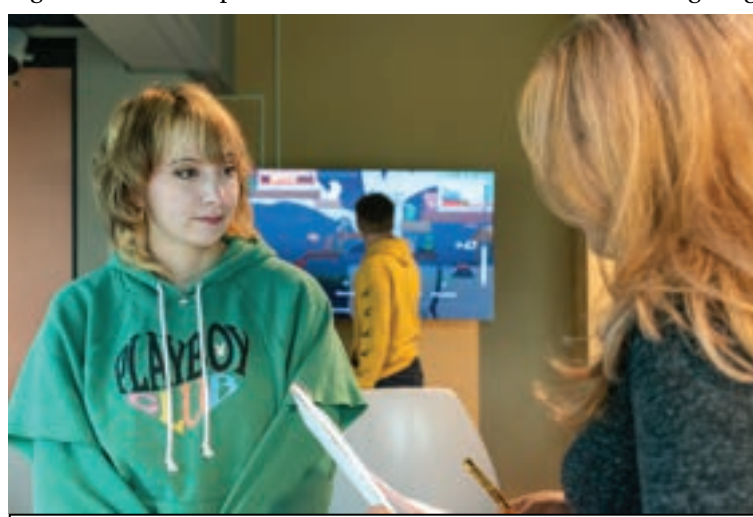


PHOTO BY JIM PARMELEE

Kaylee Romano – Nursing Major and Ksenia Mahmud – Editor in Chief, October 4, 2022 Game Room at Siek Campus Center

This Week's Events

Mon 24
Fall 2022 Spring 8-week Classes Begin
Midterm Grades Due 10:00 a.m.

Tue 25
Suicide Prevention Workshop 12:00 p.m.
Yoga 12:00 p.m.
Dia de Muertos Movie Showing: Coco 1:00 p.m.

Wed 26
Rensselaer County Heroin Coalition Meeting 11:00 a.m.
COVID-19 Booster and Vaccine Clinic 3:00 p.m.

Thu 27
Siene College: Transfer Advisor Visit 10:00 a.m.
Rensselaer County Workforce Development Grand Opening 12:00 p.m.

Fri 28
N/A

Follow us on Social Media



@the_hudsonian



@HudsonianHVCC



@thehudsonian



www.thehudsonian.org

The Hudsonian
Hudson Valley Community College
80 Vandenberg Ave.
Troy, NY 12180
Phone: 518-629-7568
Email: hudsonian@hvcc.edu

Editorial Policy
All views expressed in this paper are those of the author, and not necessarily those of the *The Hudsonian* or the College.

Editor-in-Chief
Ksenia Mahmud

Managing Editor
Mira Gillan

Copy Editor
Kathryn Manuel

News Editor
Daimon Brown

Creative Editor
Dominic Cacchione

Photo Editor
Shawn Brown

Business Manager
Ellicia Swedish

Jr. Creative Editor
Peter Conroy

Web Editor
Ameera Aftab

Jr. Layout Editor
Ed Yerdon

Sports Editor
Needed

Broadcast Editor
Needed

Staff Contributors
Jim Parmelee
Andi-Grey Sheingold
Marie Williams
Niamh Clarke
Jim Parmelee

Advisors
George Nagy
John Staerker

Letters to the Editor
Letters can be delivered to CTR 291 or emailed to hudsonian@hvcc.edu. Readers may have their letters published anonymously as long as their identity can be verified. Letters will be edited for grammar, style, libel and length.

The Hudsonian is the exclusive student newspaper of Hudson Valley Community College. It is published every week. To join *The Hudsonian*, attend our weekly meeting on Mondays at 2 p.m. in ADM 105 or by Zoom. Check out our webpage at thehudsonian.org for information

Ramsammy

FROM PAGE 1

described his leadership style as "aggressive, autocratic and rules by fear."

This sentiment was apparent in multiple conversations with faculty members, who requested to stay off the record for fear of retaliation. Faculty members even allege that the President and administration scream at them behind closed doors.

In addition to the SUNY Vaccine Policy and the President's leadership style, members of faculty also take issue with the direction the President is taking the school in. One of the main issues is with how funds are being spent at the school. They feel that the administration is more focused on keeping admission numbers up than providing a high quality education once they've arrived on campus. With

retiring instructors not being replaced and reduced library hours, where students are lined up most days waiting for the library to open, members of the faculty feel that funds could be better spent there than on things such as the new putting green in front of the campus center.

Senior Vice Chancellor & General Counsel for SUNY, Anta Cissé-Green, and the SUNY Student Assembly also took issue with the administration's reversal of SUNY vaccine policy. The SUNY Student Assembly requested presidential evaluation outlined in the SUNY Governance Handbook be considered. Cissé-Green emailed President Ramsammy a "letter of non-compliance" which directed the administration to comply with SUNY policy and

to update their website and communications reflecting this change.

"As has been discussed at length with the Presidents across the SUNY System, compliance with the Policy is a critical factor in ensuring the health and safety of our campuses. This is not an action that we take lightly as we deeply understand the impact this pandemic has had on our SUNY students and the other 63 campuses are working closely with those students to get vaccinated and many have come into compliance as a result," Cissé-Green explained.

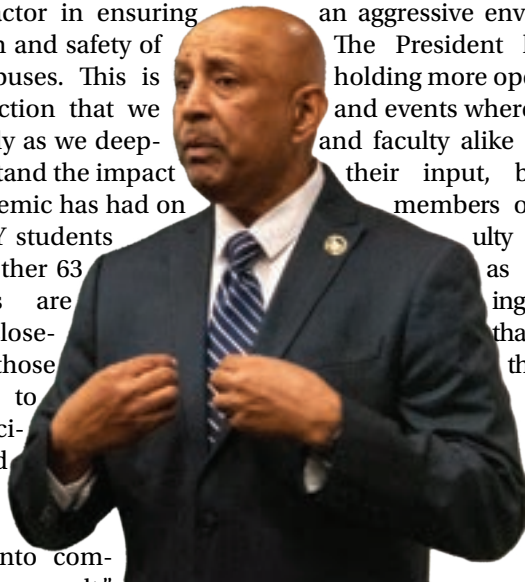


PHOTO BY JIM PARMELEE

A vote of no confidence in the President by the Faculty Association is not a foregone conclusion. What the faculty seems to want most is to have their voices heard and considered, and to cool down what they feel is an aggressive environment.

The President has been holding more open forums and events where students and faculty alike can share their input, but some members of the faculty view this as "face-saving," stating that many of these events occur during instructional periods.

In response to inquiry about these issues, a spokesperson for the

President replied, "The college's administration has had a collaborative relationship with the Faculty Association for decades, and it continues to have discussions with the association's leadership in an effort to partner in good faith and address concerns. Though the past few years have brought their share of changes and challenges, the college has continued to break new ground and make significant progress, even throughout the pandemic. We plan to continue to make every effort to work together, as one campus community, to advance the college, broaden services and increase opportunities for our students and many partners."

The Faculty Association must first vote among its broader membership to hold the vote of no confidence before the actual vote is taken. If approved, a recommendation of resignation may accompany the vote.

Troy's Landscape Supply Black Friday Event

By: Ellicia Swedish
Business Manager

Save the date Friday, November 25, 2022 for Troy's Landscape Supply Co! You won't want to miss this local Black Friday event that will last all weekend long and here's why:

On Friday November 25 there will be a face painting booth, Mr and Mrs Clause will make a special guest appearance, hot choc-

olate, there will be food trucks, vendors, DJ Paul, and also there will be a raffle event. This event does not have an entry fee and everyone is welcome to stop by. Come visit to see the greenhouse transformed into a holiday wonderland.

Vendors will probably stay all weekend long but come Friday for a guaranteed full house. Food trucks and vendors include: Bone Appetit



BBQ, Galway Winery, A&S Jams and Goodies, Daisy Mae Face Painting, Christina Norris Designs, Laiken Mae Handmade, Bella Blends Pure and Hillview Design Cop. DJ Paul and Daisy Mae Face Painting will only be there on Friday.

Troy's has partnered with JDRF and Sidewalk Warriors to help raise donations. The community has an opportunity to help donate money to JDRF and toys to Sidewalk Warriors.

If you donate a toy or essential items like deodorant, shampoo, or non perishable foods, you will be entered into a raffle that will be drawn on Sunday. Due to Christmas being right around the corner, toy donations will be greatly appreciated. The raffle has a limit of one entry per person and you can only be entered if you donate an item. There will be two raffle winners and the prize is a store

gift card valued at \$50!

You may donate to JDRF online at any time; at this event JDRF will have a booth set up for donations. They will be accepting cash donations only and you will not be entered into the raffle if you donate to them. Troy's will be matching the donations made to JDRF up to 2k. Troy's will be accepting donations all season long for both of these organizations.

If you aren't aware of JDRF, you might be asking what they raise money for. JDRF, which stands for Juvenile Diabetes Research Foundations, is a non profit organization that has led the search for a cure for type 1 diabetes (T1D) since they were founded in 1970. "In those days, people commonly called the disease 'juvenile diabetes' because it was frequently diagnosed, and strongly associated with young children.

Our organization began as the Juvenile Diabetes Foundation. Later, to emphasize exactly how we planned to end the disease, we added a word and became the Juvenile Diabetes Research Foundation. Today, we know an equal number of children and adults are diagnosed every day—approximately 110 people per day. Thanks to better therapies—which JDRF funding has been instrumental in developing and making available—people with T1D live longer and stay healthier while they await the cure. So a few years ago, we changed our name to JDRF: to remove the misconception that T1D is only a childhood disease, to acknowledge that nearly 85 percent of people living with the disease are over age 18, and to reinforce our commitment to funding research that improves life for people at all ages and all stages of the disease." - JDRF

Troy's Landscape Supply will be selling Christmas trees, poinsettias and homemade wreaths this season. Take a look at what they have to offer, and kick off this Black Friday with a blast. The event starts on Friday, November 25, 2022 at 9:00 a.m., and their location is 1266 Loudon Rd, Cohoes NY.



COURTESY OF TROYSLANDSCAPESUPPLY.COM

— Join the **Hudsonian!** —

Photography	Layout/Design	Leadership
Writing	Web Design	Business
Illustration	Social Media	Creativity
Journalism	Editing/Correcting	Advertising

No previous experience required.



HVCC Foundation's 2022 Gala Raises Over \$100,000 for New ATEC Building

By: Marie Williams
Staff Writer

On Friday, October 14th, 2022, I was afforded the privilege of attending Hudson Valley's 2022 gala honoring HVCC alumni and former trustee, Don Fane, and his contributions to HVCC's intriguing new project. Surrounding me in the breathtaking venue of Franklin Place were Hudson Valley Faculty, alumni, and sponsors. I, being one of only three students on a guest list of almost 300, was blown away by how lucky I was to be there. It was hard not to feel lucky, given the things I got to learn about and the people I got to speak with.

During my time at the gala, I was informed about how right now in our country, we're experiencing a massive shortage in trained technicians and skilled trades. "... Throughout the United States, there is 11.4 million open jobs in the skilled trades right now," Explained President Ramsammy during his opening speech, "... Hudson Valley has always been a solution to [all of] it ... Change; We need to become the center of that. "

In order to combat the demand for technical and skilled trade jobs, Hudson Valley has taken on a project that will build a brand-new, state of the art center on campus - the Applied Technology Education Center, otherwise known as the ATEC building.

This building and its endeavors will help create new



PHOTO BY VINCENT GIORDANO

Ameera Aftab – Web Editor and Marie Williams – Staff Writer, October 14, 2022 HVCC Foundation Gala at Franklin Plaza in Troy, NY

programs, as well as expand current ones, allowing for a higher capacity of students (an estimated 200% increase in enrollment for these specialized programs) to address current urgent needs within trade industries. HVCC plans to offer certifications and workforce training programs in a plethora of fields such as welding, cybersecurity, mechatronics, plumbing, automotive (including autonomous vehicle tech), artificial intelligence, data analytics, electrician trades, and so much more.

Some of the new labs the facility plans to offer include a pipefitting and welding lab, a robotics lab, electric vehicle lab, industrial processing labs, and smart technology labs. On top of this, the facility is planned to be built as a zero-carbon facility, revolving around energy efficiency and sustainability.

"With this new building, we can actually build something that will be functional by the time it is done," President Ramsammy stated.

The ability to have the building ready for use will fast-track students into jobs that are urgently needed not just in the state, but in the country as well. While the price tag for the ATEC building sits at \$75 million dollars, the sponsors of the gala raised over \$100,000 to put towards the new building, a very generous and admirable amount that is sure to help jumpstart the efforts towards the exciting new complex.

I would like to greatly thank Lisa Mattes of our Foundations department for giving me the opportunity to take part in this year's HVCC Foundation Gala. It was an incredible opportunity and an experience I won't soon forget.

Transfer Advisors Give Insight on Program Pre-Requisites

By: Niamh Clarke
Staff Writer

Last Thursday, October 20, 2022, Hudson Valley had their first transfer fair of the semester.

From 10:00 am to 1:00 pm students were able to stop by the Siek Campus Center and talk with representatives from four-year universities.

There were over 15 institutions that arrived. Local schools like UAlbany and Russell-Sage College were there and many SUNY schools from all over New York State were in attendance, schools like SUNY Farmingdale from Long Island to SUNY Oswego from Lake Ontario were also in attendance.

Along with these schools, there were out-of-state universities and private universities. There were many kinds of universities for students to talk to and learn about their options.

This event was very helpful for students who plan on transferring after graduation, or whenever they feel ready.

Most of the transfer advisors

were there to add students to their school's mailing lists, but also offered insight on what kind of prerequisites you'd need for the program you're wanting to transfer to.

The representatives were very helpful and insightful, and many students got to talk about their goals and align them with many universities to narrow down their search. A lot of schools I had the opportunity to speak to will be coming back to Hudson Valley for more private transfer meetings throughout the semester.

While it may look better on paper to transfer to a private school, SUNY Albany is always going to take all of your credits from HVCC so you don't have to bother with the extra spending.

If you had any interest in the schools that attended, I recommend keeping up with the events that the Career and transfer Center is planning and seeing if a school that caught your attention is coming back to campus. They are located in CTR290 at Siek Campus Center.



Berta Rojas Offers Virtuoso Classical Guitar Performance



PHOTO BY JIM PARMELEE

By: Jim Parmelee
Staff Writer

The Fall 22 Cultural Affairs music program opened in the BTC auditorium with an outstanding performance by classical guitarist Berta Rojas. Berta, a 3-time Grammy Award nominee, is a native of Paraguay; she

studied guitar in various places in Paraguay, Uruguay, and the Peabody Institute. In 1992 she won an international competition marking the beginning of her professional career. Since then, she has earned multiple awards and recognition throughout the musical world. She is currently an associate professor at Berklee College of

Music in Boston. She has released 14 albums and has performed in over 60 countries. The musical portion of Berta's concert focused on Paraguay's classical guitar music, opened with several songs from her

Continued
Rojas
Page 5



PHOTO BY JIM PARMELEE

Berta Rojas interacting with audience in the BTC Auditorium, October 20, 2022

Rojas

FROM PAGE 4

native Paraguayan, and closed with three pieces by world-renowned composer songwriter Augustin Barrios. She provided background about each of the seven pieces she played. Several of the pieces required non-standard retuning of the guitar. Her performance conveyed warm emotions while simultaneously playing a distinct

melody and accompaniment. The performance ended with a 15-minute Q&A session where she conveyed amusing stories about hiding from her music teacher when she was seven, deciding to practice when she entered a competition to win a new guitar at age 12, and the loss and recovery of her guitar when it was stolen from

her car and sold. When asked why she decided to pursue a career in music, her reply was, "I can't do anything else." HVCC Cultural Affairs and the Classical Guitar Society of Upstate New York cosponsored this performance. The fall program has four more free live music programs covering gypsy swing band music, blues guitar, traditional Celtic music, and Latin American music from the 1920s to 1940s.

Cultural Events // Fall 2022

FREE Music Performances

Live music at noon in the
Bulmer Telecommunications
Center Auditorium

Hot Club of Saratoga
Thursday, Oct. 27 at noon
BTC Auditorium

Hot Club of Saratoga, the region's premier gypsy swing band, performs in the spirit and style originated by The Quintet of the Hot Club of France, most prominent in the 1930s. Members Chuck Kish, rhythm guitar; Tucker Callander, violin; Bobby Kendall, string bass, and Jonathan Greene, clarinet, often with guest musicians, carry on the long-standing gypsy jazz tradition with a playlist that explores the full range of this musical style from sweet, soulful ballads to hard-driving swing.

Thomasina Winslow
Blues Guitarist
Thursday, Nov. 3 at noon
BTC Auditorium

In the world of acoustic blues, Thomasina Winslow is a top-level guitarist and singer. A local treasure who often performs with Nite Train, she's brought acoustic guitar-driven blues to audiences in the UK, Europe and Australia. Daughter of the late Tom Winslow, a legendary folk and blues guitarist who played with Pete Seeger, Winslow is devoted to promoting acoustic blues for all time. Sample or download "Return" (2020) at www.thomasinawinslow.com.

The McKrells
Thursday, Nov. 17 at noon
BTC Auditorium

The McKrells features six, amazingly-talented musicians with vast performing credentials of their own. An enduring favorite, the band is as popular today as it was decades ago. Founder Kevin McKrell, singer, songwriter, storyteller, guitarist, painter and Ireland tour guide, is joined by Arlin Greene, bass; Scott Hopkins, banjo; Brian Melick, percussion; Frank Orsini, fiddle, and Peter Pashoukos, lead guitar. Don't miss a chance to enjoy The McKrells and hear songs from "Still Pickin'," released in 2022.

Fuego Sonoro
Thursday, Dec. 1 at noon
BTC Auditorium

New to the live music scene, Fuego Sonoro presents the early sounds of Latin America, from Brazilian choros (aka ragtime) and Caribbean rumbas and calypsos to the classic Bossa Novas of bygone eras. Members are Jonathan Greene, clarinet; Jon Suters, guitar; Jason Ennis, guitar, and Brian Melick (drum set/percussion), all versatile and in-demand musicians. The four spice up a superb blend of melodies and percolating rhythms with improvisation to create a fresh, yet still classic sound.

Presented by the Cultural Affairs Program // www.hvcc.edu/culture

Poems

Funeral for a Rabbit

By: Marie Williams
Staff Writer

Prize winning rabbit, gone before she's begun
Buried in flowers while her heart is undone
Some say it's inevitable, some say it's unjust
For her love to be dead and soon turn to dust
And as for the corpses that lay in her wake
A funeral procession for those who would take
The chance to step on her one last time
Covering her body even more with grime
And through all the muck and through all the dirt
That poor hopeless rabbit, full of aches, full of hurt
Ricocheting breaths off cracked ribs and blue lungs
Still, even now, clenches teeth on her tongue
Heart unshakably new and yet horribly broken
Hides too many words, too many, unspoken

A Hard Pill to Swallow

By: Andi-Grey Sheingold
Staff Writer

I wanted to rest your sadness in the palm of my hands
Close my fist tight around it so you would never see it again
I wanted to be able to tell you that it was going to be okay
Your uncertain oracle with wrists tied and eyes closed
I wanted to take you by the shoulders and lead you away
Take the coins for the Ferryman from your pocket

I wanted to imprison your breath in my chest
Until I can pull you up from the depths for air
I wanted to see a shooting star fly by and confidently wish
For your pain to subside and your fists to unclench
I wanted to sing you to sleep with sugary lullabies
Bake your dreams into something you will eat

I wanted to look in the mirror and see someone else
But all I see is your sorry face
I wanted to be able to push it all away
To take that part of me and mold it into someone new
I wanted to take the pills and feel it all dissipate
Because everyone told me it was the easy way out

I wanted to be everyone's ideal silent victim
Dream about one day asking for help
I wanted to be brave enough to "just be happier"
Push away the weakness of relying on others
I wanted to go to sleep and wake up renewed
Banish the nightmare I should have toughened up to face

I wanted it to work that way so desperately
So I could go back to being that happy child once more
I wanted to kill the little white lies that lined my path
Towards an end I couldn't grasp the gravity of
I wanted to gather the parts to fix my mind
Tinkering until everything fits into place

I want to tell the story of what is now my tortured past
Shout to anyone who cannot escape the chasms of their mind
I want my voice to echo until it rings in your ears
Let you know the voice of a stranger who cares
I want to let you know that though it's a long journey
Wanting is the first step

FREE!

(For Student Clubs)

Your Ad Here

Contact Hudsonian at
HUDSONIAN@HVCC.EDU

Businesses:
Reach the
Hudson Valley
Community College
Student Population

Art Submission: "Hiking :("



By: Jim Parmelee
Staff Writer

I love hiking, photography and playing around in Photoshop. All three came into play when creating "Hiking :(" I

used Photoshop to combine my photos of fall foliage from the top of Mount Jo in the Adirondack High Peaks, a still life of my hiking equipment, and a picture taken looking out a window. This image represents my

longing when there is a beautiful day for hiking, but I have too much to do. The darkness of the interior contrasts with the brightness of the outside. The idea of a hike is only a sketchy concept.

If you would like your art work,
poems or short stories
published,
Submit them to
HUDSONIAN@HVCC.EDU. We plan to
publish one or more an issue.

Kanye West

FROM PAGE 1

of West's rants. He's often convinced that someone is trying to separate him from his children, while the only one doing so is himself with his outbursts.

After West assigned Davidson the moniker "Skete," it didn't take long before his fans took to harassing Davidson to the point where he eventually deleted his Instagram. Davidson had admitted himself into a psychiatric trauma unit shortly after. Afterwards, West claimed he "ran Skete off the gram."

He later made another Instagram post that read, "Ask Pete how those tattoos of my kids doing in the trauma unit." His posts jeering Davidson were off-putting to fans as West himself has been to psych wards.

On the day of the Super Bowl, Kanye West trended on Twitter above the actual football event itself on account of his destructive public rants about his family. Shortly following this incident, West began to promote his upcoming album "Donda 2." The catch was that it wouldn't be released on streaming services, and would be exclusive to his own invention, the "Yeezy Stem Player." The main idea was that if you wanted to listen to the sequel to West's 2021 release Donda, you'd have to fork over \$200 first.

Following a disaster of a listening party, during which the performers' headsets stopped working halfway through, "Donda 2" released on the stem player in a horribly unfinished state. The songs were poorly mixed with many of the vocals being muffled next to a serenade of lazily-composed weak beats. There were huge gaps in certain songs where West hadn't prepared a verse, so he

mumbled over the beat as a placeholder.

To this day, the album still remains unfinished, and given West's track record for teasing an album sequel and scrapping it midway through, it's unlikely that we'll ever hear a finished version of "Donda 2." Those who did buy a stem player lost \$200 to listen to an album that would never be finished.

About two weeks prior to this publication, West tweeted about going "death con 3 on Jewish people" among other things. There is a belief that Jewish people are an illuminati-type group in control of the media which West appears to be supporting.

Shortly before this incident, Kanye made headlines for wearing a shirt that read "White Lives Matter" at his Yeezy fashion show, and had many of his black models wear the same slogan.

Many people's first instinct was to assume West was trolling, but it didn't take long before West revealed that he was in fact not joking. He said that the Black Lives Matter movement was "a scam," and that the shirts were in protest of that.

Protesting the organization by forcing young black folks to wear a seemingly pro-white catchphrase in front of a huge audience wasn't the profound nor groundbreaking movement West thought it was going to be. It's said that there's no American crisis threatening the human rights of white folks, so they don't need protection when they already have it.

On top of the statement t-shirts he wore with Candace Owens and others, he also personally invited Fox News

spokesman Tucker Carlson backstage during a Yeezy product unveiling and took part in his interview.

The pattern of West catering to people who are known to be problematic has placed himself in that same position of notoriety. A week or so after the "death con" tweet incident, West guest starred for an interview on the Drink Champs podcast, during which he made claims that George Floyd died from fentanyl and that Derek Chauvin's knee "wasn't even on his neck like that." Floyd did indeed have fentanyl in his system, but numerous reports from those who performed the autopsy confirm that his death was not the result of an overdose. West's response appeared to undermine Derek Chauvin's guiltiness.

While Kanye West used to perform more introspective songs about disproportionate black conviction rates and other matters of racial justice, he's chosen to appeal to a different audience these days.

At the end of the day, there's nobody who exemplifies the idea of separating the art from the artist better than Kanye West. He's made huge waves in the music industry as a whole, and is one of the most critically praised and influential artists of the past 20 years. He's made so much progress for the black community, with many of his songs highlighting the issue of systemic racism in America, but some fans think he's taking a step backwards.

The title of one of his old songs is prophetic seeing as how at this point in time West has become a "Black Skinhead." His music has made a huge impact on fan's lives including my own, but being a Kanye West fan in 2022 comes with a wave of intense uncertain feelings.



I'm a bit sleepy tonight but when I wake up I'm going death con 3 On JEWISH PEOPLE The funny thing is I actually can't be Anti Semitic because black people are actually Jew also You guys have toyed with me and tried to black ball anyone whoever opposes your agenda



TV Show Review

Dahmer – Monster: The Jeffrey Dahmer Story (2022)

By: **Dominic Cacchione**
Creative Editor

Netflix's true crime drama "Dahmer," subtitled "Monster: The Jeffrey Dahmer Story" is a retelling of the horrific spree of real-life murders committed by Jeffrey Dahmer in Milwaukee, Wisconsin. Evan Peters, portraying the titular Dahmer, delivers a bone-chilling and deeply disturbing performance of the notorious killer. He does a magnificent job at highlighting the true lowest depths of humanity. However, the show isn't loved by all. In fact, the families of Dahmer's victims don't like the show one bit. In spite of Peters' impeccable acting, and the show's very high production value, there's a strong argument that it should have never been made.

"I don't see how they can do that," says Shirley Hughes, mother of Dahmer victim Tony Hughes to The Guardian. "I don't see how they can use our names and put stuff out like that out there." Netflix, money-grubbing as they are, made no attempt to contact the families of the victims before Dahmer was greenlit. As a result, the scenes that were broadcast to millions of households across the world were traumatizing for many still-grieving relatives and friends. For many people, this is the most glaring ethical flaw in Dahmer's production, and I can't say I disagree. However, in the ninth episode of the se-

ries, Netflix seems to contradict themselves.

Episode nine highlights how Jeffrey Dahmer was wrongly idolized by many, how his story was turned into a cash-grab spooky Halloween headline, and how western media and pop culture essentially made a mockery of the victims and their families by doing so. Netflix chastises this behavior in a very objective manner in the episode, which raises some confusion. Are they not doing the same thing by creating such a show, no less, just in time for Halloween?

The impression I get is a very insincere one. Netflix wants you to think that they care, and that they wish to highlight how much damage the publicity of the killings inflicted on the families, but at the end of the day, they're contributing to the same exact issue. The irony of the situation would be almost tragic, if it weren't driven by capitalist corporate greed.

That being said, however, I did personally find enjoyment in watching the show. In watching the ten episode miniseries, you find yourself feeling deeply for the victims and their families, and their individuality is highlighted in a way that true crime series' don't often do. The show goes out of its way to remind you that each victim was



Continued
Dahmer
Page 7

Dahmer

FROM PAGE 6

a human being, with their own life and path rather than just a number on a serial killer's body count. The accusations that the show is "glorifying" Dahmer are largely false. None of Dahmer's ten episodes make an effort to romanticize his sick mind, nor unravel its "complexities" like true crime media has done. However, this doesn't absolve the show of all guilt. The fact that it portrays real-life murders and their corresponding court cases with such unapologetic realism has emotionally re-traumatizing consequences for those involved.

I have mixed feelings about the show as I certainly thought it was good from a production standpoint, but Netflix's care-



lessness in letting something so harmful for the still-grieving families see the light of day can't be ignored. In spite of Evan Peters' career-defining performance as the titular serial killer, it's hard to walk away from the show without the takeaway that innocent people were exploited in its creation.



- 6/10 -



- 8/10 -



- 60% -

Top 10 Movies to Watch During Halloween

By: Peter Conroy Jr. Creative Editor

It's officially spooky season everyone! Fall foliage surrounds us, smells of apple cider and donuts fill the air, and there are ghosts and goblins around every corner. As we are in the midst of this terrifying time, I've decided to compile a list of some great horror movies to keep you sleeping with the lights on this year! The movies are in no particular order and there is a wide selection to choose from. The collection includes movies from different subgenres of horror so that all fans of horror can find at least one movie off of this list to enjoy! Stay spooky everyone!



years old murdered his older sister, escapes confinement to terrorize the people of Haddonfield, Illinois on Halloween night. Be sure to lock your doors and keep a lookout for the Boogeyman...

1. "Halloween" (1978)

John Carpenter directed this slasher classic. In this one, Michael Myers, a man who at 6

Continued
Top 10 Movies
Page 10

Album Review

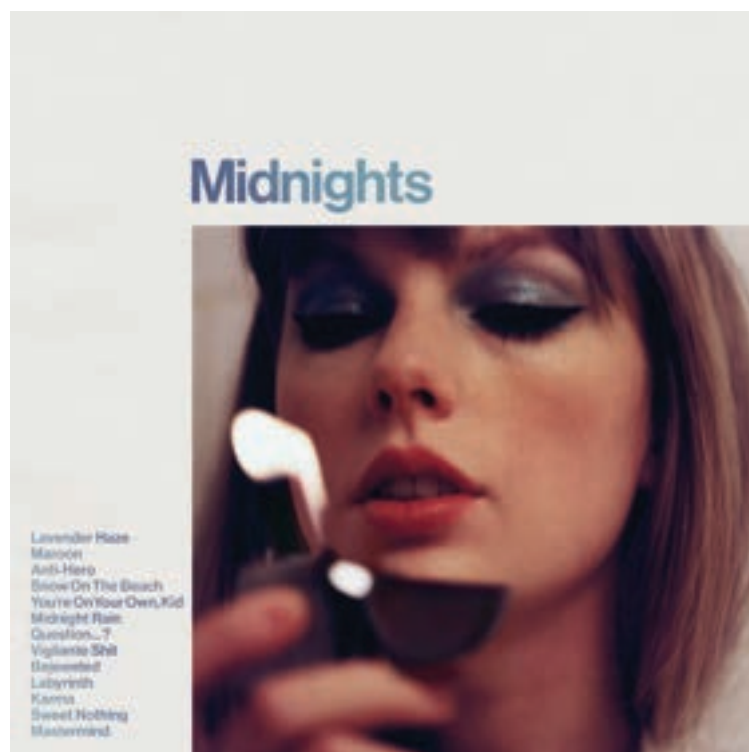
Taylor Swift - "Midnights" (2022)

By: Niamh Clarke
Staff Writer

It's fall so you know what that means, a new Taylor Swift album! As the autumn leaves fall like pieces into place, Taylor Swift is getting ready for her upcoming album release, "Midnights."

This album is thirteen sleepless nights that will be shared with us and comes out October 21st at midnight. Last November, Taylor released "Red (Taylor's version)" which is a re-recording of her original "Red" album. Many songs that were never released before were on it, including "Forever Winter" and "All Too Well (10 minute version) (Taylor's Version)." With the release of All Too Well came a short film and many, many, many sing Along's in the car on the way home. From the excitement her last release brought, fans, like me, have been waiting in anticipation for her new album and can't wait to hear what she has been working on.

Swift wrote, "We lie awake in love and in fear, in turmoil and in tears. We stare at walls and drink until they speak back. We twist in our self-made cages and pray that we aren't about to make some fateful life-altering mistake. This is a collection of music written in the middle of the night, a journey through terrors and sweet dreams. The floors we pace and the demons we face. For all of us who have



tossed and turned and decided to keep the lanterns lit and go searching - hoping that just maybe, when the clock strikes twelve ... we'll meet ourselves."

From this, we can just tell that this album is going to be a sad beautiful tragic album. For all those who have trouble sleeping at night and find themselves feeling lost in themselves and in midnight, this album is for you. Prepare to indulge in the sleepless moments at midnight with Swift before her wildest dreams. For the "this is me trying" girls, the "mirrior-ball" girls, the "majorie" girls, and the "Nothing New" girls,

I have a feeling this one is for you. Here at last, *Midnights*, and my thoughts on the album.

To begin, I was up until three am listening to this album. It was nothing like I expected. It is more of a pop album, rather than a rock album. If you're a Swiftie, this album is if "1989" and "Reputation" had a baby. The titles of these songs are so beautiful and put together. If you enjoy a 70s vibe, you'll like this album. Not only did she release *Midnights* at midnight today, but she released a Three a.m. version also. The three-a.m. version had unreleased songs on there that were amaz-

ing! My favorite songs on this album are "Could've, Would've, Should've" and "Karma". At first, I was thrown off by the pop and dance vibes this album brings, but the more I listened to it, the more I liked it. Yes, it is a dance-like album, but just because the beat isn't sad, doesn't mean the lyrics aren't. Taylor managed to make multiple songs that make us want to dance our hearts out, but also cry our hearts out. As someone who has been a big fan of hers since I was a kid, this album was more grown up than I expected. She had definitely evolved from her album "Speak Now".

In the album, one of her songs was "Snow On The Beach (feat. Lana Del Rey)". I was so excited for this song because both write amazing and heart-hitting lyrics, but Lana honestly didn't have enough parts. Yes, it is a good song, but it could've, would've, and should've been so much better. Although this album isn't my favorite of hers that she has released, it is still amazing. She really goes into depth into her insecurities as she ages, from what she did wrong, to what she gave her life to. All of these are thoughts we ponder at midnight. When we continue time after time to lose ourselves to our Anti-Heros, we find ourselves at midnight lost. These collections of songs dive deep into these thoughts, and I love them. When you first listen to it, you really don't understand it at first, but the more you listen to it, the more you understand. To add to this, many people were saying that this was Taylor's darkest album, but I honestly don't think it was. It was a great album with many dark thoughts and fears we face at midnight, but it wasn't her darkest album. I love this album so far, but I was hoping for more of a rock album.



- 8.5/10 -



- 7/10 -



- 8.4/10 -

Día de Los Muertos Exhibit

By: **Jim Parmelee**
Staff Writer

ALL PHOTOS BY JIM PARMELEE

The Mexican tradition of Día de Los Muertos (Day of the Dead) is celebrated on November second. Altars like the one in the Marvin Library are set up in public places. While these altars usually don't honor particular individuals, Mexican families that observe the tradition will set up private altars dedicated to deceased family members or close friends. Some families may start the holiday on the evening of November first - setting up an altar at the

grave site of the dead and staying the night praying and chatting about them. Many families will set up altars in their homes instead of visiting the grave site.

Día de Muertos, a joyful celebration of the dead, is thought to have originated in indigenous Mexican traditions. When the Spanish arrived, the Catholic Church appropriated the holiday and introduced religious symbols into the holiday. Others think it may be more Southern European in origin. The observation of the holiday usually follows the November first All Saints Day. The typical altar will have candles,

flowers, pictures of the people they are honoring, food and drinks the person enjoyed, and religious symbols. The traditional flower is the large, yellow Aztec marigold. The altars often contain papel picado (tissue paper, and now plastic, with cut-out patterns); calaveras de azúcar (sugar skulls), often decorated with names on the skull, and; personal items of



Calaveras de azúcar (sugar skulls) are often given to children as gifts, but are not meant to be edible.



Reproduction of engraving of traditional figure Catrina (elegante Pasada)

Explores Mexican Tradition



PHOTO PROVIDED BY MALU BENTON

Professor Malu Benton

the deceased.

Associate Professor Mura Benton has been preparing this exhibit since 2016. As the only Mexican professor at HVCC, she felt the school should provide some Mexican cultural recognition. Most of the materials in the exhibition were procured on her 2 to 3 annual

visits home. Some materials were picked up at museums or other places in the United States. She grew up near the city of Guadalajara in western Mexico, west of Mexico City, and attended college in France. Working in Italy after college, she met an American, married, and moved to the United States. After teaching at SUNY Albany, Russel Sage College, she moved to HVCC 17 years ago so she could focus on teaching instead of grants and research. She focuses on French, Spanish, and Italian language and culture instruction and tutoring and teaching English as a second language.



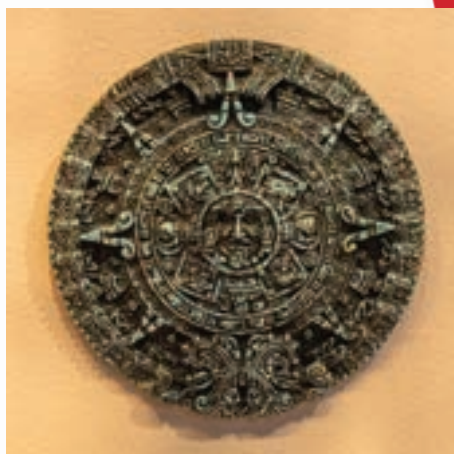
papel picado made from cut tissue paper with Aztec marigolds



Overview of exhibit



(gent lady) by mid 19th century lithography



Día de Los Muertos Events

Tuesday, October 25, 1 to 3 p.m. - Showing of the 2017 Disney Pixar movie "Coco," centered around the Día de Los Muertos holiday. According to Professor Benton, the movie portrays the holiday relatively accurately but takes a few liberties with the details of the tradition. Overall, she sees the movie as educational about the Día de Muertos tradition.

Tuesday, November 1, 1 to 2 p.m. - Professor Benton will lead a discussion about Día de Los Muertos.

Now through November 4 - Library resources about Día de Muertos on display near the exhibit

Friday, November 4 - Exhibit Close



Top 10 Movies FROM PAGE 7

2. "Night of the Living Dead" (1968)

Yes, this movie is in black and white, but hear me out, it definitely still holds up today. These horrifying black and white zombies are no joke in their brutality and they hunger for you. Directed by George A. Romero, this piece pioneered a new type of zombie in film. The one that you would recognize from shows like "The Walking Dead" and other movies by Romero like "Dawn of the Dead" (the remake and the original are both very good). Be Wary because The Dead are coming...



3. "The Cabin in the Woods" (2012)

Drew Goddard's directorial debut is a satire of slasher films and it is a great movie to watch for any horror fan. I mean, what could go wrong when five college students go out to spend the weekend at a cabin in the middle of nowhere? The answer: just about everything.



4. "The Blair Witch Project" (1999)

Directed by Daniel Myrick and Eduardo Sanchez, (there should be an accent mark over the a in Sanchez) this found footage classic caused the genre to reemerge in popularity. The experience follows the three aforementioned students investigating a local legend in Burkittsville known as the Blair Witch. Stay away from those woods, stay away from her...



5. "An American Werewolf in London" (1981)

This classic werewolf movie written and directed by John Landis follows two backpackers named David and Jack walking through England under a full moon at night (exactly what you aren't supposed to do in a werewolf movie) and they are surprisingly attacked by a werewolf. After the attack, David questions whether or not he will become a werewolf under the next full moon. Folks, be cautious of the full moon!



6. "Dracula" (1931)

This classic black and white piece directed by Tod Browning and Karl Freund was adapted from a screenplay written by Garrett Fort. The story follows the charming vampire Count Dracula and his menaces in London. Dracula stalks the



night and any that are unlucky enough to cross his path fall victim to him. Stay inside and lock your doors, the night hides many terrors...

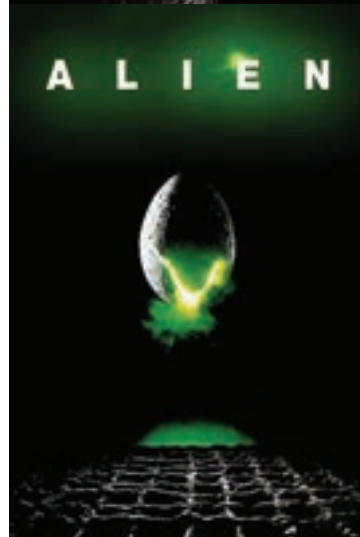
7. "The Witch" (2016)

Robert Eggers directed this film set in New England in 1630. A family of 7 is forced to relocate and start a new life on a foreign plot of land. The forest on this land conceals evil — don't let it pull you in.



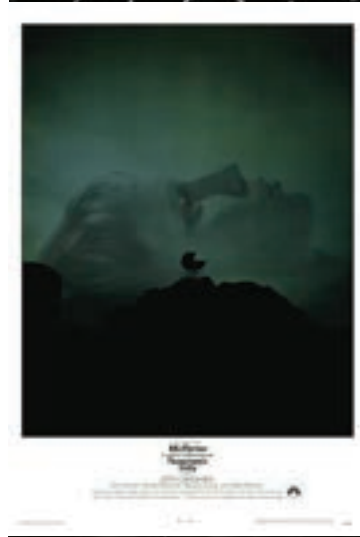
8. "Alien" (1979)

This piece of sci-fi horror directed by Ridley Scott follows the crew on the spaceship, Nostromo. A predatory alien ends up on the ship and hunts the crew members down one-by-one. Space holds many horrors in its infinite grasp. In order to survive being the hunted, one must become the hunter instead...



9. "Rosemary's Baby" (1968)

Roman Polanski directs this piece about a couple who move into a new apartment. Everything is going well. Rosemary gets pregnant, her husband Guy is doing well with his job, and their neighbors are very nice and welcoming to them. Is everything just going well for Rosemary and Guy or is something else going on entirely? I'll leave that up to you to decide.



10. "V/H/S" (2012)

This film combined the genres of found footage and anthology storytelling and is written and directed by Adam Wingard, David Bruckner, Ti West, Glenn McQuaid, Joe Swanberg, and the filmmaking collective Radio Silence. Each short story told is scary in its own right and they all contribute to making this movie what it is. As the poster says, "This Collection is Killer"



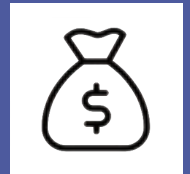
Junior Layout Editor Needed



Make new Friends



Build your Resume



Earn \$

Adobe InDesign or Illustrator experience required.

Learn more, email us at hudsonian@hvcc.edu or attend Monday 2pm meeting in ADM 105

Check Out Our Website:



Game Review

By: Peter Conroy Jr. Creative Editor

Apex Legends (2019)

"Apex Legends" can be played on Playstation, Xbox, Nintendo Switch, and PC. The mobile game is its own unique experience.

Games.

"Apex Legends" is a FPS battle royale set in the "Titanfall 2" video game universe created by Respawn Entertainment. In this sci-fi world, a group known as the Syndicate hosts the Apex

The battle royale includes teams of 3 that battle it out until there is only one team left. The teams drop into the map without anything besides their abilities. You're meant to pick up weapons, body armor, and healing items to help them survive and emerge victorious.

Strategy is extremely import-

nat when it comes to battle royale games. Deciding what loot to stick with can be a tough piece of the game. Teamwork is also a factor in success as teams are usually outnumbered by others when one or two of their comrades fall.

What draws me to battle royales and "Apex" in particular, is the skill and adaptability required to be good at the game. As a martial artist, you always have to be on your toes and able to adapt to your opponent.

Therefore, I value this skill being a Black Belt in Tae Kwon Do myself. If you want to improve, you have to put the time in to find what strategy works for you. This can turn away

Continued Apex Page 12

The Hud-oscope

By: Marie Williams
Staff Writer



Scorpio

Your no-nonsense detector has been going wild lately, and you are here to get to the bottom of things.

This week is the week for considering what does and doesn't serve you anymore, and making adjustments where you see fit.

Just don't forget not to be too harsh; look at things from all angles before you go making any decisions. Your lucky number this week is 36.



Sagittarius

First of all, when was the last time you went to a museum? A gallery? Anywhere you can soak up knowledge?

This week is the perfect time to do that. Maybe a little road trip to Mass MoCa is in order! Or to one of the capital region's many galleries and museums.

Traveling is also going to be a good way for you to clear your head, whether that's a little drive a couple towns over or a weekend road trip! Your lucky number this week is 83.



Capricorn

This week has been all about ambition for you! If you've been struggling to keep yourself motivated, this would be a great time to soak up the fall sun and make a list of your priorities.

What do you need to do to keep a pep in your step? Cut out negative energies? Get some more rest?

Consider a self care day and focus on your goals this week. Your lucky number this week is 75.



Aquarius

Join any clubs on campus yet? No? Well you should! Now is the perfect time for your social side to shine.

Finding people with like-minded interests and attitudes is just what you need right now. This is also a very good week to narrow down your career options and focus on your future.

What's going to benefit you the most? Might be a good time to think about that with your new friends! Your lucky number this week is 37.



Pisces

You have the ability to tap into your emotions, and boy are you feeling them this week. Having weird dreams lately?

Neptune floatin' it's way through your sign right now may have you losing sleep over things in the waking world, and you may be sending yourself into a spiral of "what ifs".

Try to keep yourself grounded in reality, not everything is as it seems. Your lucky number this week is 39.



Aries

This week is a period of growth and expansion for you, but it's also a good opportunity for understanding and working out issues. Maybe check in on your friends, and let them check in on you. Put those horns away and let people in! Especially your water sign friends; they're here to balance you out and help you keep calm, cool, and going with the flow. Your lucky number this week is 59.



Taurus

You may feel as though you're being bombarded by everything going awry.

Try to stay on your feet; this is a period where you need to focus on reformation, as well as your reactions to these crazy things happening around you.

Live a little, laugh a little, don't sweat the small stuff. Also, that killer outfit you've wanted to wear? Now's a great time. Trust me. Your lucky number this week is 70.



Gemini

Feeling a bit bold lately? This is a good time to put your words into action and your money where your mouth is.

Don't forget, a little spice can add flavor to your life, but make sure you harness it. Too much and that energy can quickly turn to frustration, or even aggression this week.

Keep your head on straight and temper those flames! Your lucky number this week is 7.



Cancer

Now is a good time to start laying down the foundations for a better you.

Sticking to good habits can be hard, but this week is a good time for you to remind yourself that you can do it!

Break those cycles and build new, stronger, healthier ones, and remind yourself that you put your mind to it, you can achieve it! Go get 'em! Your lucky number this week is 91.



Leo

You may be feeling the urge to treat yourself this week, and you should! Find a day to go see a movie, have a spa day, see a sports game, or hit up your favorite restaurant.

A nice little pick me up always helps, who doesn't love a self care day? Remember, all good things in moderation, of course.

Don't go blowing the bank! Your wallet will thank you later. Your lucky number this week is 58.



Virgo

You may notice you're dumping a lot of energy into your work this week, school-work or otherwise.

As a chronic overthinker, you may be feeling bogged down by a lot of your responsibilities. Don't forget that your mental health is just as important as your physical health!

Take a day to recuperate, and stop checking your phone for work texts! Your lucky number this week is 21.



Libra

Your relationships are going to be very important for you this week, whether that's a partner, close friends, new friends, or business partners.

You may be feeling a lot of pressure to focus on all of them at once, but you need to consider where your priorities are.

Pay attention to those around you, but know where you need to divide your time. Your lucky number this week is 2.

Pumpkin Muffins With Cream Cheese Filling Recipe



By: Niamh Clarke
Staff Writer

Happy fall! Looking for a fun pumpkin recipe? I got you!

This recipe will make twelve muffins. If you are big fan of Starbucks pumpkin muffins, these are very similar!

Ingredients:

- 1 cup of all-purpose flour
- ½ cup of cake flour
- 1 tsp of baking powder
- 1 tsp of baking soda
- ½ cup of sugar
- 1 ½ tsp of ground cinnamon
- 1 ½ tsp of pumpkin pie spice
- ¼ tsp ground nutmeg
- ¼ tsp of ground cloves
- 1 egg
- 1 cup of pumpkin puree
- ¼ cup of melted butter
- 1 tsp of vanilla extract
- ½ cup of milk
- Cream Cheese Filling:
- 4oz of cream cheese (at room temperature)
- 2 tbsp of granulated sugar
- 1 tsp of corn starch
- 1 tsp of flour
- 1 tsp of milk
- ½ tsp of vanilla extra

1.) Preheat your oven to 350 degrees Fahrenheit.

2.) Use a hand mixer or a stand mixer, cream the cream cheese, sugar, vanilla extract, flour, and cornstarch together for two minutes. Make sure it is creamy and smooth and set it aside.

3.) Grab a separate bowl and whisk the sugar and melted butter together. Next add in your vanilla, pumpkin puree, and egg until combined. Following this, fold in flour, baking soda, baking powder, and only a ¼ cup of milk for now. Lastly, add your seasonings and the remaining milk until it is combined

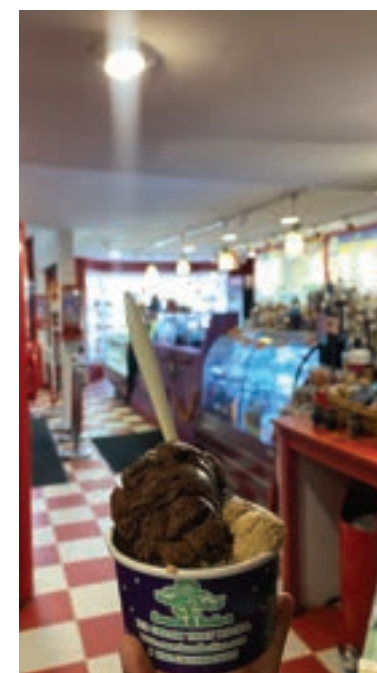
4.) Pour your pumpkin batter into muffin liners, but not too much. Fill a piping bag with the cream cheese filling and pipe the filling into the middle of each muffin, do about a tablespoon.

5.) Bake the muffins for 20-25 minutes.

Local Business Review: Emack and Bolio's

By: Ameera Aftab
Web Editor

Everyone has that one place where they love to hang out, alone or with friends and family. That place for me in Albany was this Ice-cream parlor/desert café/ giftshop. Emack & Bolio's are located on Delaware Avenue. I would personally suggest everyone to go there at least once, they have amazing ice creams, smoothies, cakes and so much more. I have tried multiple ice-cream flavors from them, passion fruit, mud pie; an espresso flavored ice-cream



Continued
Emack
Page 12

PHOTO BY AMEERA AFTAB

Emack

FROM PAGE 11

with Oreos and chocolate chunks. My favorite one must be serious chocolate addiction, chocolate with fudge chunks. Being a frequent customer, I do know they have 6 vegan ice-cream flavors and on top of that, later in a conversation with the owner I found out their ice-cream is hand-crafted. With ice-cream, scope size always matters a lot, at least to me who has a huge, sweet tooth. I must say their quantity, compared with other famous ice-cream brands, is quite generous.

The thing that first attracted me to this café was the live music playing in their outdoor seating area. The vibe was so fun that me and my friends had to stop by, and who knew we would find our favorite ice cream spot. From what I know, they have live music every fri/sat indoors and outdoors, any band is welcome to perform. Indoors, they have comfy couches for you to chill on along with tables and chairs, my favorite touch is the lighting in there. Something else really cool about them would be the seasonal & holiday touch they add to their store and the in-store merch. For Valentines, it is the cutest place to have a date at, for Halloween, are most creative, I remember them having Green Frankenstein cones last year for Halloween. The other day when I went to the café,

there was pumpkin flavored ice cream too!

Did I mention my dog being a fan of their doggie sundae? Not when they forget to add his peanut butter on top tho, but we'll let that slide. I love how amazing and creative cones they have at times. I have had their different cones coated with marshmallows, rice Krispie's, fruit loops and other stuff that makes your stomach growl. I have seen their super cool Ice-cream truck around Albany, it would be so fun if we could have it for an event at HVCC. The best part for me as a college student would be how reasonable their prices are!

I took advantage of my position at The Hudsonian and had a sit-down chat with the owner of Emack and Bolio's Albany. When I tell you I have never seen someone do something they are passionate about more than Amy Riddell, the owner. 'Amy & the ice-cream factory' are the words that came out of my mind after I heard her story. She is the owner, and her husband Ken Young is the music manager. She calls him her "ultimate helper."

Emack and Bolio's was originally founded in 1975 in Boston, where the ice cream comes from, for more information on that search up their website. Her life has revolved around ice cream, either it is getting a



PHOTO BY AMEERA AFTAB

signature from Ben and Jerry's when she was a kid, to working for them in college. She had a book "Best ice creams in the world" and she made sure to try new ice cream every time she travels, that is when she found Emack and Bolio's and in 2008 opened a store in Albany. Although she did not own a store instantly but eventually quit her 18 years guidance counselor career to buy a house, renovate it,

and live in it. She still does live in the apartment upstairs of the store and often has live-in staff. And yes, they do hire college students. At last, when I asked her what objective she had in mind when opening the store 14 years ago, she shared how she always knew that she wanted to open an ice cream shop of her own one day and seeing families smile and bond together, is a great feeling to witness.

Apex

FROM PAGE 10

those who want to play casually. Luckily the match-making enrollment is skill based. Some similar games include "Player Unknown's Battlegrounds," "Fortnite" and "Call of Duty Warzone."

What makes "Apex Legends" unique is it has 7 permanent game modes as well as limited-time game modes every once in a while.

There are 22 different legends, or characters, to choose from. Each legend has their role as offense, defense, recon and support. Beyond the basic class system, each legend has their own lore and special abilities. The YouTube series of "Stories of the Outlands" videos go in-depth with the characters.

Winning a game requires you to be the last team or team

member standing. Each match is broken into a number of rounds and with each round the playable game area gets smaller and smaller due to the ring.

The area outside of the ring will cause damage to you and as the rounds progress, this area will do significantly more damage. This is where another important strategy comes into play known as positioning, or making sure that you are in a strategically sound position. As the playable area gets smaller, in

that small space, you can sometimes have up to 10 squads still! With so many squads left, still only one can win. Situations like these are another area where the game shines and leaves you wanting more.

I would highly recommend "Apex Legends." I have been playing since Season 4 and the game is currently in its 14th season. What draws me back to the game over and over again is the feeling pride that you get from doing well in matches,

the new legend released each season, the lore (since I am already a huge fan of "Titanfall 2" and its established universe), the dream of making it to Apex Predator one day (Apex Predator is the top 750 players in the world on a certain platform), and the community. I have made some good friends while playing with random players and I know that you can too! I hope to see you in the Outlands and maybe we can play a match together someday!



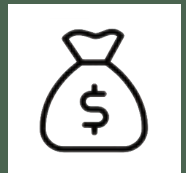
Junior Sports Editor Needed



Make new Friends



Build your Resume



Earn \$

Learn more, email us at HUDSONIAN@HVCC.EDU or attend Monday 2pm meeting in ADM 105

Soccer

FROM PAGE 1



PHOTO BY EVAN BONESTEEL



PHOTO BY MYA AUNG



PHOTO BY EVAN BONESTEEL

PLAYER	SH	SOG	G	A	MIN
2 - Sanbegoure Meda	0	0	0	0	0
5 - Riley West	1	0	0	0	0
7 - Marilyn Decker	3	1	1	0	0
8 - Isadora Geise	0	0	0	0	0
9 - Melissa Cole	5	0	0	1	0
10 - Madilyn Zakrzewski	0	0	0	0	0
11 - Sage Grennon	0	0	0	0	0
13 - Tessa Seifert	0	0	0	0	0
14 - Savannah Scarpa-Meade	1	0	0	0	0
17 - Ashley Graff	1	0	0	0	0
18 - Kaitlin Barrett	0	0	0	0	0
19 - Maggie Ryan	1	0	0	0	0
22 - Macenzie Slattery	0	0	0	0	0
TM - Team	0	0	0	0	0
TOTALS	0	1	1	1	0

PLAYER	SH	SOG	G	A	MIN
1 - Bryn Whitman	0	0	0	0	0
2 - Emily Rightmyre	0	0	0	0	0
3 - Alex Ruzekowicz	0	0	0	0	0
4 - Emma Kelly	0	0	0	0	0
5 - Emma Nelson	0	0	1	0	0
7 - Sammi Eades	0	0	0	0	0
9 - Madison Pelton	0	0	0	1	0
12 - Nevaeh Christmas	0	0	2	0	0
14 - Lynnae Russell	0	0	0	1	0
15 - Morgan Eastman	0	0	0	0	0
17 - Madison Sage	0	0	0	0	0
20 - Liana Mostrianska	0	0	1	1	0
TM - Team	0	0	0	0	0
TOTALS	0	0	4	3	0

HVCC Women's XC Teams Win Regionals Again!

By: Ellicia Swedish
Business Manager

The women's team going into this race was a little nervous for several reasons. Olivia Skystald, our number one girl, got sick and was unable to complete this weekend. Jessica Wank has been feeling under the weather for the last couple of weeks, Rebecca Seiter has been dealing with a knee injury, and I was recovering from a hip injury. Our top competitor was Suny Broome. This race was already going to be close even with Skystald running, when she became sick, that's when I knew this race was going to be down to the last few points. Every position would matter, there was no wiggle room.

I was left pondering Thursday night how this race would turn out. I called my friend from Finger Lakes Community College. (He would be racing in the race as well.) He filled me in on how the course conditions were, what his pre-

dictions were, and gave me some advice on how I should run the race based on my current circumstance. I knew after getting off the phone with him that I would just have to race harder than I had ever so far this season.

I woke up Saturday at 7:20am to braid my hair and put on my makeup. When we left the hotel at 8:30am to leave for the race, I prayed the rosary to myself on the bus ride. I asked God to give our team the strength to run a good race and I thought about the people that were counting on us to win. After I prayed my mindset quickly turned into we have no other choice but to win, and I started to get super competitive. We still had a fighting chance to win, we are the Vikings! No guts, no glory!

When we arrived we noticed that Broome had quickly realized Olivia Skystald was not

Continued
XC
Page 14

Vikings Cross Country Team Sweeps the Field at Conference

By: Ellicia Swedish
Business Manager

On October 15, the men's and women's team raced at Fort Montgomery Community College. The bus departed from Hudson Valley Community College at 7:30am. The women's team spent the bus ride braiding hair, putting glitter on each other's faces, and drinking lots of water. We knew going into the race we would most likely win due to other teams being incomplete. Knowing we would most likely win took off a lot of pressure. I personally struggled with an injury for a few weeks a while back in the beginning of the season and have decided to take the rest of the season easy to make sure I would still be able to compete in Regionals and Nationals. Some of our other teammates have also been fighting with injuries throughout the season. However, despite these challenges we have still been able to push on and perform well at meets.

When we arrived at the meet our team was able to walk the course, everything was well marked and the course itself was mostly flat with one small inclining hill. This year the conditions were preferred. The temperature was in the high 50s, and the course was dry. We were the only full girls team this year in our Conference, which meant no matter what, as long as we had five racers



COURTESY OF HVCC ATHLETICS

that crossed the finish line our women's team would win. The men's side was a different story. We automatically won due to other teams being incomplete, they had to push themselves in order to win and they did. The men's team did not disappoint. All 8 of them ran a phenomenal race.

The men's team has been improving over the course of the last few weeks. There is a good chance they could win Regionals after the results from Conference where they were able to beat Herkimer College. The biggest competition for the men's team and women's team this year will be Suny Broome. It's going to be an intensive race this year at regionals. Hopefully

we'll be able to pull off another sweep

Race Results:

Women's 5k:

- 1st-Olivia Skystald: 21:36
- 3rd-Eva Sgambettera: 23:33
- 4th-Jessica Wank: 26:39
- 5th-Rebecca Seiter: 26:45
- 6th-Ellicia Swedish: 28:56

Men's 8k:

- 2nd- Eric Zumpe: 28:59
- 5th- Jake Kinnicutt: 30:21
- 7th- Adam Blough: 30:29
- 8th- Justin Layer: 31:44
- 10th- William Petramale: 32:40
- 13th- Ian Shaw: 34:30
- 16th- Caden Jarvis: 36:21
- 30th- Aidan Alaxanian: 44:12

XC

FROM PAGE 13



going to be racing today. This just made me more motivated to beat them. When I was on the phone with my friend he put together a race prediction based on season personal best. If he was correct, we would beat Broome by one point without Skylstad but I would have to beat their fifth girl. I knew in my heart that if something happened, even beating their fifth girl would be too close for comfort. My plan was to go after their fourth girl.

The course itself is the most challenging course we would be racing on this season. It's said that whatever your usual 5k time is, add 1-2minutes on top of that for your predicted regional time.

After walking around the course, our women's team headed to the start line. I looked around at our competitors, and wished them luck. The official blew the horn, and the race was off. We knew the fastest two Broome girls would beat all of us, so in order to win Eva Sgambettera, Laurel Ticer, Jessica Wank, Rebecca Seiter would have to beat Broome's third girl, and I would have to beat their fourth girl even though I wasn't predicted to beat her just in case one of my teammates were unable to beat their third girl. I somehow managed to stick with the fourth girl and passed her at the end of the first mile.

Once I was able to beat their

fifth and fourth girl, I told myself, "mine as well get ahead of their third girl." The third girl wasn't far away ahead of me so I picked up the pace and passed her before the second mile and just kept holding on to my lead.

It was an extremely tough race, most of it was mental. All of the women on our team ran a smart race, and we were able to beat Broome because of our strategy. After the race we congratulated the other teams on their performances. The men's team raced after us and fought hard but lost to Broome. Our men's team came runners-up, and received a plaque.

Eric Zumpe and Justin Layer were awarded all-regional athletes on the men's team, Eva Sgambettera and Laurel Ticer were awarded all-regional athletes on the women's team. Coach Sarah Popavics received the women's regional coach's award.

On behalf of our team I would like to thank the Athletic Department and everyone else involved in the effort to send us to regionals and paying for our travel expenses. I believe Hudson Valley Community College has a wonderful athletic program and I encourage all students interested in sports to join in the spring. The Vikings will be heading to Nationals November 5th located in Westfield, Massachusetts.



UPCOMING HOME GAMES

Oct 26	Men's Soccer 4:00 p.m. Genesee Community College	
Oct 29	Men's Basketball 2:30 p.m. Sage College	
Oct 30	Men's Lacrosse 11:00 a.m. MCLA Football 3:00 p.m. Connecticut Wild Cats	



Weekly	Recap
	Women's Tennis Oct 23 5-4 vs Herkimer College
	Women's Soccer Oct 22 3-0 vs Jefferson Community College
	Women's Volleyball Oct 22 3-0 vs Fulton-Montgomery Community College
	Men's Soccer Oct 19 5-1 vs Onondaga Community College
	Women's Soccer Oct 19 4-1 vs Onondaga Community College
	Football Oct 15 28-19 vs Sussex County Community College
	Women's Volleyball Oct 13 3-0 vs Fulton-Montgomery Community College
	Women's Volleyball Oct 13 3-1 vs Orange County Community College
	Men's Soccer Oct 12 7-0 vs SUNY Adirondack
	Women's Soccer Oct 12 3-1 vs SUNY Adirondack
	Women's Volleyball Oct 11 3-0 vs SUNY Adirondack
	Women's Soccer Oct 8 10-2 vs Mohawk Valley Community College
	Men's Soccer Oct 8 3-1 vs Mohawk Valley Community College
	Men's Soccer Oct 5 3-2 vs SUNY Broome Community College
	Women's Soccer Oct 4 7-1 vs SUNY Broome Community College