

10.17.2023

79.05

# THE HUDSONIAN

THE INDEPENDENT MULTIMEDIA STUDENT PRESS ORGANIZATION OF HUDSON VALLEY COMMUNITY COLLEGE

## HONORS COLLEGE WELCOME

**PAGE 4** HVCC'S NEW EDUCATIONAL PROGRAM

## MENS & WOMENS SOCCER RECAPS

**PAGE 10** PHOTOS AND MORE!



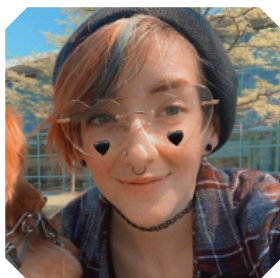
Front Page Feature: A group of HVCC students enjoy the fantastic Fall weather with good food and even greater friends.

COVER PHOTO FROM HVCC



# THE HUDSONIAN STAFF

## EDITORIAL BOARD



**Marie Williams**  
Editor-in-Chief



**Dominic Cacchione**  
Managing Editor



**Justin Hurley**  
News Editor



**Cal Martin**  
Opinions Editor



**Layan Radi**  
Web Editor

## SUPPORTING STAFF

**George Nagy** Adviser

**John Staerker** Adviser

**Evan Bonesteel** Writer/Photographer

**Jeremiah Choudhury** Junior News Editor

**Wolfryn Drake** Writer

**Peter Conroy** Junior Opinions Editor

# CONTENTS

## NEWS

**Page 3** Club Hub: Engineering Club

**Page 4** Honors College Program

**Page 5** Dental Hygeine

**Page 6** Custodians, Tailgate BBQ

## OPINION

**Page 7-8** Kanye West, The Green Knight,  
Stardew Valley, Hudsonian Survey

## ARTS / LIFESTYLE

**Page 9** Horoscopes, Memes

## SPORTS

**Page 10** Mens & Womens Soccer

## MISSION STATEMENT

The Hudsonian is Hudson Valley Community College’s multimedia student news organization. Since 1961, The Hudsonian has been the voice of the student body, written and produced entirely by students for students.

The intent of our publication is to inform and entertain HVCC’s student body, staff, and faculty. We serve as a forum for HVCC’s campus, providing a space for viewpoints as diverse as our student body. We believe that freedom of speech is of utmost importance to intellectual growth, and in doing so publish stories that are fair, accurate, and relevant to our campus. Here you will find opinions and content from students, as well as from faculty and staff when applicable. Because of this, you will find things in our publication that you may agree and/or disagree with. If that is the case, we’re doing exactly what we’re meant to do.

Regardless of major, The Hudsonian is a valuable asset to strengthening written and verbal communication, teamwork, leadership, truth seeking, photography, graphic design, reporting, interviewing skills, and more. We strive to connect the skills we apply to real world career paths, and set our staff up for success as they advance through their educational journey at HVCC.

Staff editorials do not necessarily represent HVCC’s administration, student government, faculty, or staff.

When errors occur, we will make every effort to correct it in the following publication as well as on our website ([www.thehudsonian.org](http://www.thehudsonian.org)).

Your input is valuable. Please send any questions, comments, or concerns to [hudsonian@hvcc.edu](mailto:hudsonian@hvcc.edu).

## ADDITIONAL INFO

**Hudson Valley Community College**  
80 Vandenburg Ave.  
Troy, NY 12180  
**Phone:** 518-629-7568  
**Email:** [hudsonian@hvcc.edu](mailto:hudsonian@hvcc.edu)

**Editorial Policy**  
All views expressed in this paper are those of the author, and not necessarily those of the *The Hudsonian* or the College.

**Letters to the Editor**  
Letters can be delivered to CTR 291 or emailed to [hudsonian@hvcc.edu](mailto:hudsonian@hvcc.edu). Letters will be edited for grammar, style, libel and length.  
To join *The Hudsonian*, attend our weekly meeting on Mondays at 2 p.m. in ADM 105 or by Zoom. Check out our webpage at [thehudsonian.org](http://thehudsonian.org) for information.



## EVENTS

TUESDAY || 10/17

**10a-3p:** Regal Ticket Sales (CTR 210)**11a:** Yoga (CTR 260)**1pm:** Día de Muertos Movie Showing: Coco (MRV Multi-purpose Room)**1p:** Mario Kart 8 Student Tournament (CTR Game Room)

WEDNESDAY || 10/18

**All Day:** Freshman Elections**9a-3p:** Breast Cancer Awareness Table with Bake Sale (CTR Floor 2)**10a-1p:** Fall 2023 Transfer Fair (CTR Lobby)**11:30a-1p:** Putting Competition (Outside Campus Center)**12p:** Trivia (CTR Lobby)

THURSDAY || 10/19

**All Day:** Freshman Elections**9a-4p:** SUNY Plattsburgh: Transfer Advisor Visit (CTR Lobby)**10a-2p:** Cascades: Employer Recruitment Table**11a-1p:** SUNY Plattsburgh at Queensbury: Transfer Advisor Visit**11:30a-1p:** Fall Fest and Viking Cup Challenge (Bruno Stadium)

FRIDAY || 10/20

**10a-2p:** NYS Department of Corrections and Community Supervision: Employer Recruitment Table (CTR Lobby)

MONDAY || 10/23

**2p-3p:** Herbicide Chemistry (SCI 385)**2:30-4:00p:** Biology Club Meeting: Microbe Art (SCI 340)

Want To Submit An Event?

Contact the Editor at  
hudsonian@hvcc.edu

## CLUB HUB

YOUR SPOT FOR CAMPUS CLUB EVENTS



BRADY OLES || PHOTO

## ENGINEERING SCIENCE CLUB ENCOURAGES NEW MEMBERS TO STOP IN

Peter Conroy

*Jr. Opinions Editor*

Whether you are an engineering student or someone that is just interested in engineering science, there is a spot for you in this club.

From drone workshops to Arduino workshops – a program dealing with electronics software and hardware – the club offers a wide range of workshops for its members.

When they aren't working in an educational workshop, the club is preparing for competitions, like the TYESA (Two-Year Engineering Science Association). During these competitions, they build drones and ground vehicles from scratch using Arduino and Beta Flight software and hardware and CAD the bodies of the drone and the unmanned ground vehicle. This past Spring, the Club placed 3rd in their competition.

When they aren't hard at work and attending competitions, the club also tours other college's Makerspaces and works on our own. They have already gone to RPI and are planning a trip to UAlbany next. The club has received funds to build HVCC's first Makerspace, which will be available to all students upon completion and any or all who are interested in helping build it.

Scan to join the Discord Server!



"The mission for HVCC's Makerspace is to provide tooling for all students to use for all purposes e.g. class projects or personal projects. Some of the tools could be a 3D printer, laser engraver, soldering equipment, circuitry supplies, etc." said Brady Oles, the club's President.

If any of the aforementioned activities pique your interest, feel free to join the club on Mondays at 2pm in AMZ 101. They currently can be found on Discord, HVCC Email,

text messaging, and Instagram. Both Text Messaging and School Emailing will be up to the club members' discretion if they choose to provide it. Students are encouraged to join the club discord (find the QR code below along with the code to the Instagram) where announcements on meeting rooms and other dates outside of Mondays at 2pm will be shared to club members for project-based tasks. You can also contact the Club President, Brady Oles, at b-oles1@hvcc.edu.

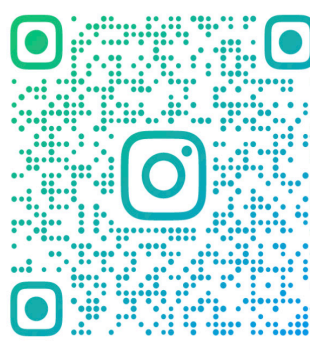


Another great opportunity to learn || Photo: Brady Oles



3rd place win at the Spring Competition. || Photo: Brady Oles

Scan to follow the Instagram!



Scan to share your thoughts in the formation of their Makerspace!







President Roger Ramsammy speaks to Honors College Students and their families during the signing ceremony.  
HVCC || PHOTO

## UNLOCKING OPPORTUNITIES: AN INSIDE LOOK AT HVCC'S HONORS COLLEGE PROGRAM

Layan Radi, Marie Williams

Web Editor, Editor in Chief

Hudson Valley Community College's Honors College is now offering first-time college students an immersive, engaging, and supportive academic environment.

Students who have completed high school or homeschooling curriculums within the last two years may be eligible for the Honors College Program. The program aims to aid students in their educational journey and act as a stepping stone to help students seamlessly transfer to 4-year institutions.

"We're looking for students that are intellectually curious – they want to know more about not just what's in the classroom and what they're learning [there], but its application. How does it matter in the real world that we live in?" Said Lamyaa Hassib, Director of the Honors College Program.

Through the Honors College, students are provided with financial assistance in the form of tuition coverage, aid for book costs and related fee charges. These costs are paid for by HVCC's Foundations De-

partment to bridge any gaps Financial Aid does not cover. Students of all backgrounds and standings are encouraged to apply to take advantage of this opportunity to help further their academic careers.

"We're looking for [those] high achieving students. When I say high achieving, I don't just

**"[THE HONOR'S COLLEGE] HAS THAT REAL SENSE OF 'I BELONG TO A COMMUNITY' [...] WE CAN ALL COME TOGETHER AND LEARN FROM EACH OTHER."**

mean academically. While we recommend [grades] of 90 or higher, are we going to look at applicants with lower GPAs? Absolutely. That shouldn't be a reason for someone not to apply," said Hassib.

The program aims to utilize service learning to enhance the students' experiences through public service and civic engagement. This element ana-

lyzes student drive towards service learning, prior experiences, and their interests in order to match them with local organizations.

"You're taking what you're learning in the classroom and doing some service component that will enhance what it is [you're learning]. You're interacting with the community, whether that's the community on campus or outside campus," said Hassib.

The closeness and community in the Honors College program has its appeal, too.

"It [has] that real sense of 'I belong to a community'. Everyone is different, and we are all learning different things. We can all come together and learn from each other," said Hassib, expressing that it is not just students from one program, but from many different programs – from English to Psychology, Business to Biological Science, Physics, and more. "We are taking an already wonderful, established college community and making sure that the Honors College students get the most out of it – where they [can] feel that they are not just prepared, but maybe overprepared," said



LAMYAA HASSIB || HVCC

Hassib.

The Honors College is currently accepting applications until Dec. 4. To apply, applicants must first apply to HVCC at HVCC.edu. If they meet the requirements for admission, they will also receive an application for the Honors College as a supplemental application. After filling out that application, they will receive a letter of recommendation, which will be reviewed by a committee. Once decided by the committee, students will be invited for a round table interview.

If you or someone you know are interested in learning more about becoming an Honors College student, you can contact Lamyaa Hassib at [honorscollege@hvcc.edu](mailto:honorscollege@hvcc.edu).



Students at the Honors College signing ceremony.  
HVCC || PHOTO



Honors College banner commemorating their 2023 class.  
HVCC || PHOTO



SMILES ALL AROUND AT HVCC’S DENTAL HYGEINE DEPARTMENT

Justin Hurley  
News Editor

Dental hygienists are the first face a patient sees when they sit in a dentist chair. In order to make both the patients and the hygienists feel comfortable and confident, Hudson Valley Community College’s dental hygiene program prepares their students with the tools and knowledge to thrive in future employment.

Located in Fitzgibbons Health Technologies Center, the Robert H. Hill II Dental Hygiene Clinic provides practical experience for students. Professors look over students’ work down to their hand movements to provide instant feedback.

“We have a great department where we all support not only each other and our philos-

ophy, but [we get] to know the students, and where they’re at,” said Tammy Conway, Dental Hygiene Department Chairperson, expressing that this support also goes for understanding students’ mental health and their lives outside of school.

Tammy aims to pass on



TAMMY CONWAY || J.HURLEY

the skills to communicate properly with future patients – soft

skills like eye contact, how to shake a patient’s hand, and even how to touch the first mirror are important for hygienists.

“Before they see the dentist, [hygienists] must be able to assess, articulate and gather information from patients,” said Conway.

Students looking to enroll in the Dental Hygiene pro-

“Everyone has unique strengths, weaknesses, and fears, and our students are healers. They all have such personalities, and it’s a spectrum, and that’s the best part of what we do here.” said Conway.

The clinic is open and free to students looking to have their teeth cleaned. Please visit FITZ 127, or call (518) 629-7400.

“EVERYONE HAS UNIQUE STRENGTHS, WEAKNESSES, AND FEARS, AND OUR STUDENTS ARE HEALERS.”

gram are encouraged to be open to learning in different ways, and come with a desire to help and heal people.

Their hours for the fall semester and more information are located on the HVCC website.



An inside look at the dental students workspaces.  
JUSTIN HURLEY || PHOTO



A student practices techniques on a dummy.  
JUSTIN HURLEY || PHOTO

VIKING TALKSPOT: DENTAL STUDENT SPOTLIGHTS



**Isabella** is a senior that wants to work in clinics for low-income and under-priveleged people.

She shares that she enjoys the clinic and helping people around her, but at times the workload can be heavy for her.



**Jen** is a freshman that plans on pursuing a bachelor’s degree after she has some time as a dental hygienist.

She shares that she enjoys the clinical setting and working with people, but that she is having trouble figuring out a school-work-life balance.



**Kayla** is a senior that is excited about starting to work.

She shares that she enjoys the work she does in the clinic and with people, but also says the program can be time consuming and stressful.



**Natalie** is a freshman that is excited to start working after graduating.

She shares that so far, she’s enjoyed learning about the anatomy of teeth, but finds that she is having trouble dealing with the extra stress.

Thank you to our fellow students for sharing their thoughts, and for pushing through even when things get challenging!

We admire your hard work and perseverance.



## PHIL, JOHN, AND KERMIT: HVCC'S DREAM CLEAN TEAM

Though not always on the radar of students, our janitorial team is hard at work keeping things running,

Marie Williams & Justin Hurley  
Editor in Chief, News Editor

Hudson Valley Community College's custodial staff are an often unsung part of our college's daily operations. They play an important role in maintaining the cleanliness and functionality of our campus, and their dedication to their work deserves recognition and appreciation.

From keeping our classrooms, hallways, and common areas spotless to actively aiding in the setup of various events, our custodians are there to support both the staff and students, ensuring an environment conducive to learning and growth at HVCC.

One of the most vital aspects of the custodial team's role is maintaining a clean and sanitary environment throughout the campus. They work to ensure that classrooms, restrooms, and public spaces are consistently kept in working condition. A clean environment not only promotes a positive

and healthy atmosphere, but also helps reduce the spread of illnesses and create a safe learning environment.

Beyond their cleaning duties, custodians also contribute to the success of events and activities taking place on campus. They assist in the setup and takedown of equipment, furniture, and materials for events and make sure everything runs smoothly. This involvement plays a pivotal role in creating an organized space for campus activities.

In return for their efforts, it's important for students and campus community members share the load when it comes to the well-being of our campus. This includes cleaning up after themselves and being respectful to the backbone of our college – the custodial team. By working together, we can ensure that HVCC remains a welcoming college.



**Phil** started working at Hudson Valley back in 1986.

His favorite thing about HVCC is the people he gets to meet, and he enjoys the conversations he has with the students and staff.

His biggest complaint is the lack of cleanliness of some students and staff.

**John** started working at HVCC in 2019.

His favorite part of working at HVCC is the conversations he gets to have every day. He loves helping out students and staff.

He wants to be a bridge between students and faculty so there is better communication.



**Kermit** started working at HVCC in 2005.

His favorite part of working for HVCC is the good paycheck.

His biggest problem with HVCC is the equipment problems / lack of correct equipment.

## TAILGATE BBQ FOSTERS SCHOOL SPIRIT

Victory for HVCC on and around the football field boosts college pride.

Cal Martin

Opinions Editor

Saturday, Oct. 7, Hudson Valley community members gathered by Joseph L. Bruno Stadium for free refreshments and giveaways in the leadup to the homecoming football match against Erie Community College.

Game-goers and cheerleaders retreated to the picnic area during halftime as stormy weather rolled in, warming up with food and beverages.

Many attended the Kats and Vikings game from the Stu-

dent Pavillion after completing the 14th annual Race Away Stigma 5k earlier that morning.

Dozens of free HVCC logo t-shirts were handed out by the Student Activities Office and volunteers to keep up game-day spirit and campus pride.

HVCC's Student Senate, who sponsored the tailgating event, expects the annual Pumpkin Palooza to see even higher community attendance later this fall.



HVCC student Felicia Lai and alumni Nathaniel Holmes take a breather after completing the 5k. || Photo: Cal M.

Want ad space for your club or event?

Contact the Editor at [HUDSONIAN@HVCC.EDU](mailto:HUDSONIAN@HVCC.EDU) or [m-williams123@HVCC.EDU](mailto:m-williams123@HVCC.EDU) to get a spot!





# IS YEEZY SEASON APPROACHING?

Following the biggest controversy of his career, Kanye West may be positioned for a comeback.

Dominic Cacchione

Managing Editor

**Disclaimer: The Hudsonian does not condone antisemitism or any form of discrimination. Our publication prides itself on the belief that all voices deserve to be heard, especially the voices of the marginalized. Please read at your own discretion.**

Kanye West, also known as Ye, is no stranger to controversy. From his interruption of Taylor Swift at the 2009 VMA awards to his open support of former president Donald Trump, Ye has not always been on the side of the public, leading to much ridicule across all media.

Last year, his off-color

comments about Jewish people and his misguided praise of Adolf Hitler seemed to have landed him in more trouble than ever, resulting in the loss of his hugely profitable Adidas deal and billionaire status, all while going through a messy divorce.

Following this, the world saw Kanye take a much-needed break from social media, and he's been almost completely silent for the whole year.

However, things seem to be turning around for the controversial hip hop star.

In February of this year, it was reported that Adidas has reached a new agreement with Kanye, and insiders claim that he's hard at work on new music. Some audio snippets of his recent studio sessions have been leaked to the public, leading many to believe that a new



Kanye West's appearance on InfoWars, where his face is entirely obscured.

album is on the way, a belief that has been corroborated by people in West's inner circle.

In addition to an upcoming solo album, it's rumored that a joint album between West and longtime collaborator Ty

Dolla \$ign is in the works, with the latter previewing a song between the two at a live show in Switzerland last month.

While many are very excited to see what's next from Ye, others are still quite upset with

# THE GREEN KNIGHT - HONOR AMIDST DARKNESS

A story showcasing the importance of honor through the shortcomings of a hero.



Jeremiah Choudhury

Jr. News Editor

This mythic tale follows the story of Arthurian Legend Sir Gawain. Although not having earned his knighthood yet, Gawain sets out to prove his worth by facing the ever-mysterious and eerie Green Knight.

The Green Knight falls short in some minor ways, however it does succeed in portraying its re-imagining of this classic story in a way that will leave you satisfied.

The Green Knight opens on an average Christmas morning in the kingdom of Camelot. While other citizens prepare themselves for a morning church service, Gawain finds himself waking into a brothel.

It is apparent from the very start that Gawain does not follow the same lifestyles or attitude of the other knights that he aspires to eventually emulate.

After thoroughly cleaning himself, he heads to the home of his uncle, King Arthur, for a meal. The joyous atmosphere and sound of laughter is cut short when a mysterious green-clad stranger bursts through the door. Skin layered with foliage and flora, The Green Knight issues a challenge to the knights of the round table. If one honorable knight shall take up their sword and land a blow on him, in a year's time,

they shall track The Green Knight down where he will return the favor. With that confusing, yet intriguing challenge in the air, Gawain steps forward and starts his journey into the discovery of what it is to truly be a knight.

I have always been an avid enjoyer of movies that aren't afraid to delve into the different and unusual; The Green Knight certainly satiated this desire. The story takes some unexpected dark turns that will leave you shocked, fearful, and at times a little disgusted.

For the most part, the visuals in this film are spectacular. Every shot contains a picturesque view on the atmosphere surrounding Gawain and his journey. However, the CGI can falter at times, taking away focus from what is supposed to be happening in the scene and breaking immersion. It isn't a large enough complaint to bring the whole film down, but it could prove to be a problem for others.

A way the film succeeds however is in its lead performance. Dev Patel delivers a complex and emotionally frustrated performance through Gawain, and it is genuinely shocking he didn't receive more nominations for his role in this movie. Alicia Vikander finds a way to bring two different characters to life in this tale, while simultaneously portraying the similarities and differences between them and steal-



ing almost every scene she is in.

The ending of this film adds heavily to its unusual nature. It leaves a lot up to the interpretation of the viewer and that is something that can be quite divisive, but I have always found it to be far more interesting than the alternative.

Overall, The Green Knight

succeeds in many ways; delivering an interesting story while showing the importance of honor through the shortcomings of its hero. Despite its minor flaws, this film will prove to be an interesting time for anyone, but prove to be especially attractive to those interested in King Arthur and his extended myths.







STEAM || PHOTO

## ON THE FARM: PROMISING STARDEW VALLEY UPDATES

Haunted Chocolatier screenshots take backburner to anticipated Stardew Valley 1.6 teasers.

Cal Martin

Opinions Editor

Eric Barone, creator of Stardew Valley, promised that the upcoming update will primarily make modding easier, but this feature has been overshadowed by new features hinted at on his Twitter account.

Barone, better known in the indie game industry as ConcernedApe, is the one man army behind the wildly successful Stardew Valley (SDV).

To encapsulate SDV by the app store categorization of 'farming sim' would severely undersell its broad premise. Combat, romanceable NPCs, cutscenes highlighting social issues and a dash of nature-based magic compose the immersive world SDV is renowned for.

With the most recent update in 2020 containing new maps, NPCs, end-game goals and in-game currencies (don't worry, no pay-to-play here!), expectations for 1.6 are high.

ConcernedApe's to-the-point tweets, such as the two word "iridium scythe" this past May, are contrasted by the graphic shared September 27th. The sneak peek includes what appears to be new items,

landscape features and an NPC.

Of note is the warp totem, an item allowing you to fast-travel to different locations on the map. The design of the included totem differs from those currently in game. With unfamiliar shrubs, new mossy trees and multi-colored frogs, could it be a new unlockable area in the Valley that uses the purple totem?

Other fans suspect the new farm type may be a swamp layout, with unique items to craft, harvest and sell. However, the pixel goodies could just as easily be tied to the new festivals, further skill specialization or quest rewards shown.

In terms of clothing-NPCs will finally gain appropriate winter wear. Seasonal outfit mods are incredibly popular, so the scarves gain points for the immersive factor.

As for the mysteriously cloaked fellow, he bears a (very slim) resemblance to an NPC created and shared in another tweet by ConcernedApe- yet that character doesn't hail from Stardew Valley at all! Could we have a front row seat to a budding universe of games?

Until screenshots or the update itself is released, these discussions will continue buzz-



CONCERNEDAPE, TWITTER || PHOTO

ing with theories on every pixel. Neither the 1.6 SDV update, nor ConcernedApe's upcoming game, Haunted Chocolatier, have a set release date at the

time of publication.

Have a review of your own? Consider submitting it for publication and joining our team.

## HELP US HELP YOU! FILL OUT OUR HUDSONIAN SURVEY

To help better serve our campus, we're looking for your feedback!

The Hudsonian is comprised of a small, hardworking team that wants to improve and enhance students' experiences at Hudson Valley Community College.

To best reach this goal, we're asking our fellow campus community to take a few minutes out of their day to fill out this quick Google forms survey by scanning the QR code in this

article.

Through this survey, the data we collect will help us better serve our readers like you.

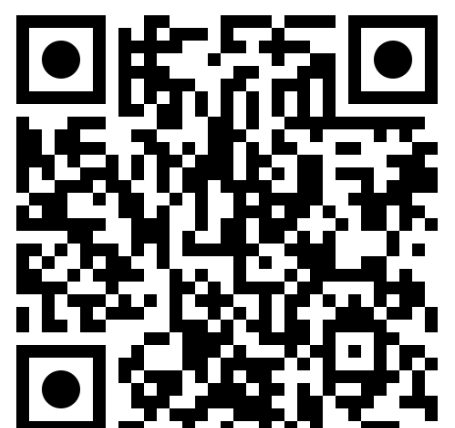
In order to fill out the survey, you must log in through Google with your HVCC email. Your email is not recorded by the survey, so your identity remains anonymous.

We have it set up this way so we can ensure only

HVCC students are filling it out, and that we are receiving one response per student.

Thank you for not only continuing to read our paper, but offering us at The Hudsonian the chance to continue on a long-running legacy that we work tirelessly on and are incredibly passionate about.

Yours,  
The Hudsonian Staff





# THE HUDOSCOPE

Your weekly astrological insight by Marie Williams, Editor in Chief and long-time tarot reader



Something not quite right? Look for your horoscopes for your Rising and Moon signs!

This week, Aries, your impulsive spirit will lead you on a quest for the world's spiciest hot sauce. Just remember to keep a glass of milk close by for emergency cooldowns.

3/21  
to  
4/19

Taurus, your love for comfort will reach new heights as you invent a device that can change TV channels without having to leave the couch. Laziness level: expert.

4/20  
to  
5/20

Gemini, your dual nature will shine this week as you expertly juggle a conversation about quantum physics and the latest celebrity gossip. Who says you can't have it all?

5/21  
to  
6/20

Cancer, your nurturing instincts will be on full display when you organize a "Hug-a-Stranger" day in your neighborhood. Just make sure everyone's comfortable with it first.

6/21  
to  
7/22

Roar, Leo! Your charisma is off the charts this week, and people will flock to you like you're the headliner at a one-lion stand-up comedy show.

7/23  
to  
8/22

Virgo, your perfectionism will reach new heights as you alphabetize your spice rack and write a thesis on the optimal arrangement of condiments. The secret sauce of life, indeed.

8/23  
to  
9/22

Libra, your quest for balance continues as you contemplate the existential question: "Is it really a balanced breakfast if it doesn't include chocolate?"

9/23  
to  
10/22

Scorpio, your intense curiosity will lead you to investigate the mysterious case of the disappearing socks, which are rumored to have been abducted by the dryer lint aliens.

10/23  
to  
11/21

Adventure beckons, Sagittarius! This week, you'll embark on a quest to find the legendary fountain of caffeinated youth. Remember to stay hydrated with coffee along the way.

11/22  
to  
12/21

Capricorn, your practicality knows no bounds as you design a spreadsheet to calculate the most efficient way to eat a slice of pizza without getting greasy fingers.

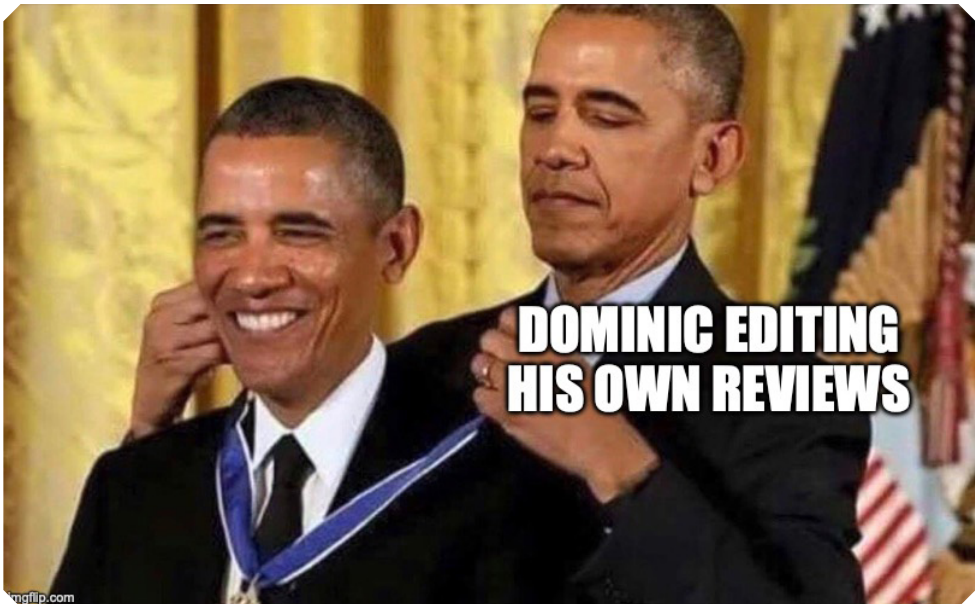
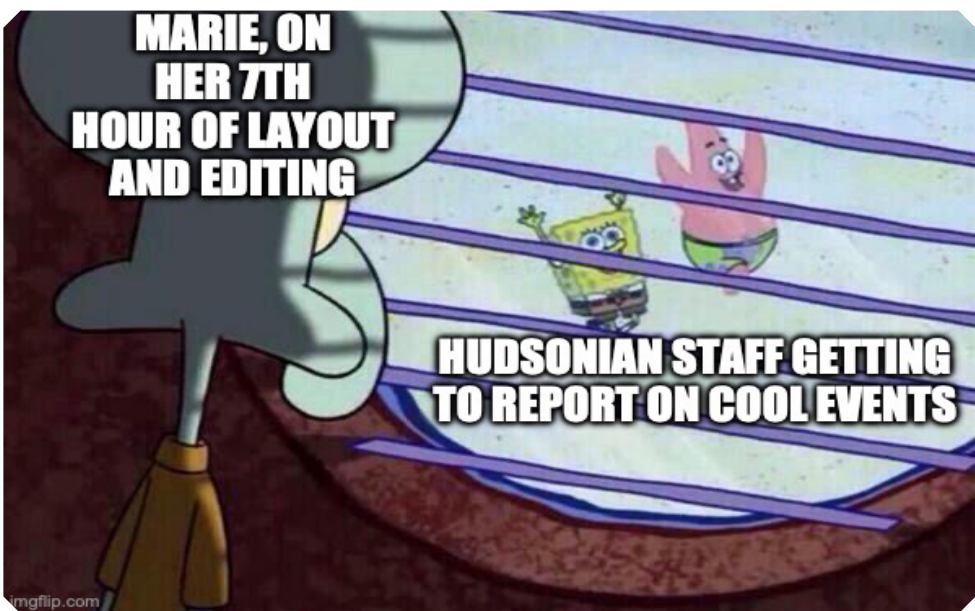
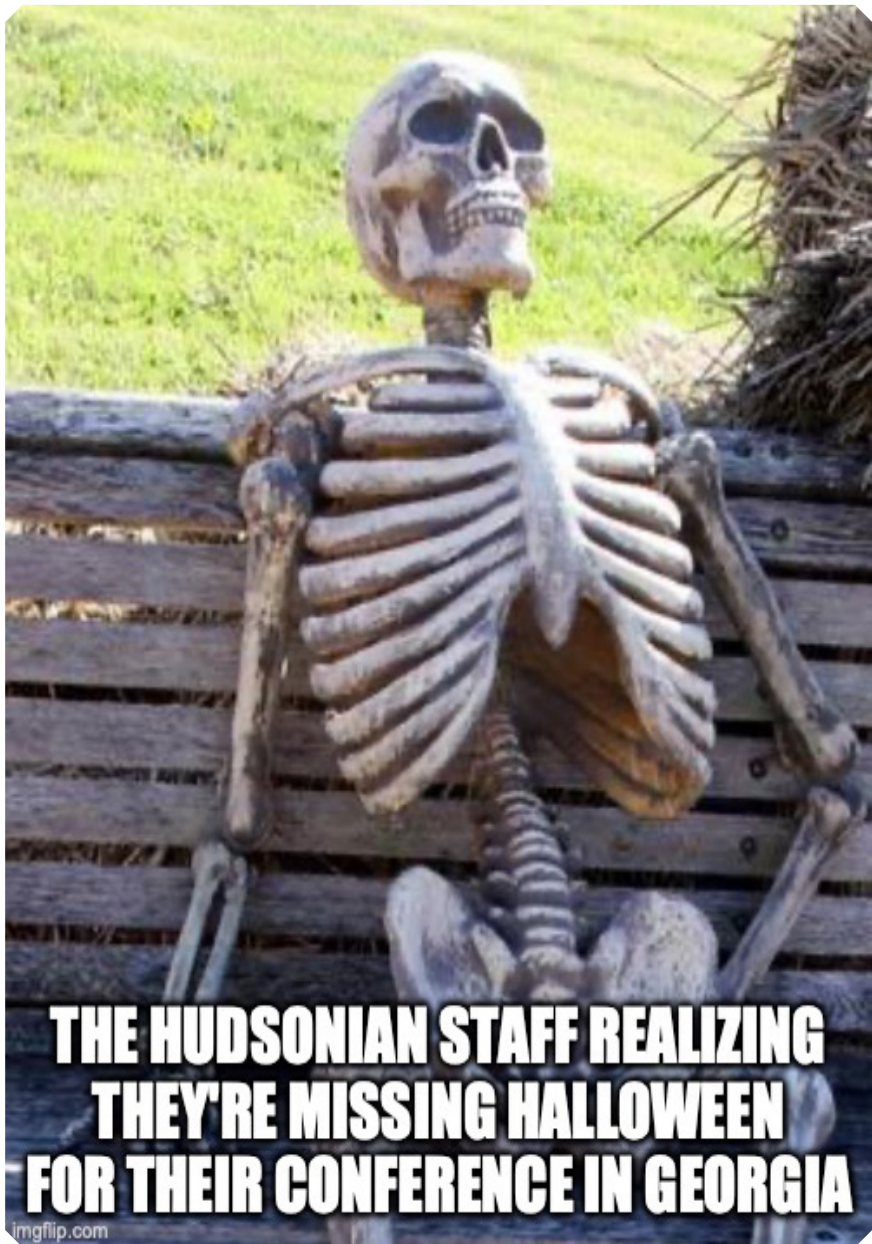
12/22  
to  
1/19

Aquarius, your innovative spirit will lead you to create an app that translates dog barks into human language, finally answering the age-old question, "What's Fido trying to tell us?"

1/20  
to  
2/18

Pisces, your dreamy nature will transport you to a magical underwater world where mermaids sing karaoke and seahorses moonlight as dance instructors. Don't forget your snorkel!

2/19  
to  
3/20





SPORTS EVENTS

WEDNESDAY || 10/18

WOMEN'S SOCCER  
3:00 PM at Onondaga Community College

MEN'S SOCCER  
5:30 PM at Onondaga Community College

BASEBALL  
6:00 PM vs. All Stars Academy

THURSDAY || 10/19

WOMEN'S VOLLEYBALL  
7:00 PM at Ulster County Community College

SATURDAY || 10/21

WOMEN'S VOLLEYBALL  
10:00 AM vs. SUNY Adirondack

BASEBALL  
11:00 AM vs. Long Island Elite

FOOTBALL  
12:00 PM at Erie Community College

SUNDAY || 10/22

WOMEN'S BASKETBALL  
12:00 PM vs. SUNY Delhi

WEDNESDAY || 10/25

WOMEN'S BASKETBALL  
5:00 PM vs. Albany College of Pharmacy

MEN'S BASKETBALL  
7:00 PM vs. Albany College of Pharmacy



MENS SOCCER RECAP FOR OCT. 11TH

Written and Photographed by Evan Bonesteel

Hudson Valley Men's Soccer had a strong showing Tuesday as they routed Suny Adirondack in a 5-2 victory.

Hudson Valley came out strong as they scored in the first 4 minutes.

Dillon Halvax scored

the first goal. Josiah Howard then scored two goals putting Hudson Valley up 3-0 going into the half.

The second half was more of the same with Hudson Valley maintaining possession and pace over Suny Adirondack.

Tuyishime Gafasha was fouled in the box and was able to score on the penalty kick.

Adirondack would make a late game push and score two goals. Brennan Halbohm would score the final goal for Hudson Valley to finish out the game.



WOMENS SOCCER RECAP FOR OCT. 11TH

Written and Photographed by Evan Bonesteel

Hudson Valley Women's Soccer faced off against Suny Adirondack in a close match Tuesday.

Both teams came out strong with most of the play staying around mid-field with neither team able to create any offensive mo-

mentum.

Several chances were created throughout the game with both teams defense playing strong.

Lauren Foglia would break the tie with the matches only goal off of an assist from Taylor Johnson.

Hudson Valley controlled most of the pace during the game with 17 shots (9 on goal).

Josephine O'Hare had 3 saves on the game to cap off the strong defensive play from the team.

